

50% less fat*,
full flavor

100% Flamin' Hot®
goodness

0g
ZERO GRAMS
TRANS FAT

WHOLE GRAIN
8g or more
per serving
Lay 4g of whole grain daily

DIETS RICH IN WHOLE GRAIN FOODS AND OTHER PLANT FOODS, AND LOW IN SATURATED FAT AND CHOLESTEROL, MAY HELP REDUCE THE RISK OF HEART DISEASE.

smartlabel®

Scan here for more food information
or call 1-800-352-4477

0 28400 62353 7

SL-CHSS-7A LAP 30063323

GLUTEN FREE

CHEESE FLAVORED SNACKS NET WT. 7 7/8 OZ. (24.8 g)

MADE WITH REAL CHEESE!®
BRAND

BAKED

50% LESS FAT
THAN REGULAR CHEESE FLAVORED SNACKS*

Flamin' Hot®
FLAVORED

guaranteed fresh
until printed date.

110
CALORIES
PER PKG

QUESTIONS OR COMMENTS
1-800-352-4477
MON-FRI 9:00AM TO 4:30PM CT
EMAIL AT FRITOLAY.COM

*50% LESS FAT THAN REGULAR CHEESE FLAVORED SNACKS. CHEETOS® BAKED CRUNCHY FLAMIN' HOT CHEESE FLAVORED SNACKS CONTAIN 5G OF FAT PER 1 OZ. SERVING. CHEETOS® CRUNCHY FLAMIN' HOT CHEESE FLAVORED SNACKS CONTAIN 11G OF FAT PER 1 OZ. SERVING. THIS PACKAGE CONTAINS 0.875 OZ.

Nutrition Facts	
1 serving per container	
Serving size	1 package
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars less than 1g	
Protein 2g	
Vit. D 0mcg 0%	Calcium 120mg 8%
Iron 0.9mg 4%	Potas. 50mg 0%
Not a significant source of added sugars.	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>INGREDIENTS: WHOLE CORN MEAL, ENRICHED CORN MEAL, CORN MEAL, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, VEGETABLE OIL, CORN, BAKOLA, AND/OR SUNFLOWER OIL, AND LESS THAN 2% OF SALT, SEA MINERALS, SUGAR, MONOSODIUM GLUTAMATE, YEAST EXTRACT, CITRIC ACID, HYDROLYZED CORN PROTEIN, ONION POWDER, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE, YELLOW 6, YELLOW 5), CHEDDAR CHEESE, MILK, CHEESE CULTURES, SALT, ENZYMES, CORN MALT, TOBACCO, WHEY, WHEY PROTEIN CONCENTRATE, GARLIC POWDER, BUTTERMILK, NATURAL FLAVORS, SODIUM OXALATE, LACTIC ACID, DISODIUM NUTRISATE, DISODIUM GUANYLATE, AND SKIM MILK. CONTAINS MILK INGREDIENTS.</small>	
<small>FRITO-LAY, INC. PLANO, TX 75024-4099 © 2021 FRITO-LAY NORTH AMERICA, INC.</small>	