

INGREDIENTS: PISTACHIOS, SEA SALT, PAPRIKA EXTRACTS, AND NATURAL FLAVORS.
CONTAINS PISTACHIO INGREDIENTS.
ALLERGY INFORMATION: MADE ON EQUIPMENT THAT MAKES PRODUCTS CONTAINING PEANUTS AND OTHER TREE NUTS.
MANUFACTURED FOR FRITO-LAY INC.
PLANO, TX 75024-4089
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WE'RE
NUTS
ABOUT 'EM™

Questions or Comments?
Call 1-800-477-7777 from 9am to 4:30pm CT
Weekdays or email or chat at frito@frito.com
CHOKO WARNING: Do not give to
children younger than 4 years old.

Frito Lay®

NUT
HARVEST®

SPICY
FLAVORED
PISTACHIOS

BEST BY

ENLARGED TO SHOW TEXTURE

6g PROTEIN
PER SERVING*

* SEE NUTRITION INFORMATION FOR TOTAL FAT CONTENT.

U NET WT. 1¾ OZ. (49.6 g)

1 serving per container

Serving size

1 package deshelled

nuts with seasoning

Amount/serving

% Daily Value*

Total Fat 13g

Saturated Fat 2g

Trans Fat 0g

Cholesterol 0mg

Sodium 110mg

17%

9%

0%

0%

5%

% Daily Value*

Total Carbohydrate 4g

Dietary Fiber 2g

Total Sugars 1g

Includes 0g Added Sugars

Protein 6g

2%

9%

0%

11%

Calories

per serving

160

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

0

28400

30945

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