



Nutrition Facts

About 2.5 servings per container
Serving size 2.0 oz (56g/about 1/3 cup dry rice pasta mix & 1 tbsp seasoning mix)

	As packaged!		As prepared	
		% DV*		% DV*
Calories	180		230	
Total Fat	0.5g	1%	5g	7%
Saturated Fat	0g	0%	3g	15%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	15mg	4%
Sodium	630mg	27%	670mg	29%
Total Carb.	40g	14%	40g	15%
Dietary Fiber	2g	6%	2g	6%
Total Sugars	1g		1g	
Incl. Added Sugars	<1g	1%	<1g	1%
Protein	8g		8g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	20mg	0%	20mg	0%
Iron	1.9mg	10%	1.9mg	10%
Potassium	650mg	10%	650mg	10%
Thiamin	0.3mg	25%	0.3mg	25%
Riboflavin	0.13mg	10%	0.13mg	10%
Niacin	1.6mg	10%	1.6mg	10%
Folate DFE	140mcg	35%	140mcg	35%
Folic Acid	(82mcg)		(82mcg)	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice, wheat flour, dried broccoli, salt, potassium salt, sugar, autolyzed yeast extract, hydrolyzed soy protein, onion powder, dried carrots, natural flavor, monosodium glutamate, chicken broth, garlic powder, chicken fat, dried parsley, turmeric (color), dextrose, iron (iii) phosphate, sunflower oil, niacinamide, celery extract, disodium guanylate, disodium inosinate, thiamin mononitrate, folic acid, riboflavin.

CONTAINS SOY AND WHEAT INGREDIENTS. (43034-L02-15)

See side panels for additional product information.

Preferred Method
RICE RANGE TOP DIRECTIONS
- WHAT YOU NEED -



1 In a large skillet, combine rice-vermicelli mix and butter or margarine. Sauté over medium heat until vermicelli is golden brown, stirring frequently.

2 Slowly stir in water and Special Seasonings; bring to a boil.

3 Cover and reduce heat to low. Simmer 15 to 20 minutes or until rice is tender. Let stand 3 minutes before serving.

About 2½ cups prepared. Enjoy!

MAKE IT A MEAL

EASY AS 1-2-3:

1. STIR in chopped tomato before stand time.
2. ADD cooked chicken breast, sliced into pieces once rice is fully cooked.
3. TOP with shredded cheddar cheese before serving (optional).

Find more ideas at ricearoni.com/recipes

RICE A RONI.

CHICKEN & BROCCOLI FLAVOR



Try Pasta Roni® for another easy homemade meal.

MICROWAVE DIRECTIONS

In a 2-quart microwavable bowl, combine rice-vermicelli mix and 1 tablespoon of butter or margarine. Microwave uncovered at HIGH 1 minute. Stir. Microwave at HIGH 1-2 more minutes or until vermicelli is golden brown. Remove and stir in 2 3/4 cups water and Special Seasonings. Microwave uncovered, at HIGH 15-18 minutes or until rice is tender. Let stand 3 minutes before serving.

Microwave ovens vary; adjust times as needed.

LESS FAT DIRECTIONS: Follow Range Top or Microwave Directions, except substitute butter with ½ Tbsp olive oil. • Fat reduced to 3.5g from 5g per serving. • Saturated Fat reduced to 0.5g from 1g per serving. • Trans Fat reduced to 0g from 1g per serving. See Nutrition Facts Panel for Sodium Content.

RICE A RONI.

CHICKEN & BROCCOLI FLAVOR



CHICKEN & BROCCOLI FLAVOR
Rice, vermicelli, chicken broth, broccoli and carrots



Per Serving

180
CALORIES

0g
SAT FAT
0% DV

630mg
SODIUM
27% DV

<1g
ADDED SUGARS
1% DV

SEVING SUGGESTION

NET WT 4.9 OZ (138 g)

RICE A RONI.

BEST BEFORE:



UPC/PURCHASE SEAL



RAIN CHICKEN & BROCCOLI

RICE A RONI.

CHICKEN & BROCCOLI FLAVOR



QUALITY GUARANTEED
We're here to help.
ricearoni.com or 800-421-2444
Please have package available when calling.

Grain Mix Filled To This Line

Package contains empty space to accommodate grain to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

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Scan here for more food information or call:
1-800-421-2444

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