

Serving size 2 oz (56g/about 1/4 cup dry rice-pasta mix & 3/4 Tbsp seasoning mix)

Calories	As packaged		As prepared	
	200	% DV*	220	% DV*
Total Fat	1g	0%	3.5g	4%
Saturated Fat	0g	0%	1.5g	9%
Trans Fat	0g	0%	0g	0%
Cholesterol	0mg	0%	5mg	2%
Sodium	530mg	23%	550mg	24%
Total Carb.	42g	15%	42g	15%
Dietary Fiber	1g	5%	1g	5%
Total Sugars	<1g	<1%	<1g	<1%
Incl. Added Sugars	0g	0%	0g	0%
Protein	5g	0%	5g	0%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	40mg	2%	40mg	2%
Iron	0.8mg	4%	0.8mg	4%
Potassium	150mg	2%	150mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice, wheat flour, salt, garlic, onion, autolyzed yeast extract, yeast extract, olive oil, natural flavor, parsley*, soy protein isolate, soy sauce (soybean, wheat, salt), turmeric (color), rosemary* (sage)*, sugar, spices, honey. (00212-L02-9)
*Dried.

CONTAINS SOY AND WHEAT INGREDIENTS.

Distributed by:
Near East Food Products
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Chicago, IL 60604-9003

See side panel for additional product information.
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Please have package available.

RANGE TOP DIRECTIONS

1. In medium saucepan, bring 1-3/4 cups water and 2 teaspoons olive oil or butter just to a boil.
2. Stir in rice and contents of Spice Sack. Return to a boil.
3. Cover; reduce heat to low. Simmer 18 to 20 minutes or until most of water is absorbed.
4. Fluff pilaf lightly with fork before serving.

About 3 cups prepared

HIGH ALTITUDE PREPARATION

At high altitudes, increase water to 2-3/4 cups and cook time to 25 to 30 minutes.

LOW FAT DIRECTIONS
Follow package directions, except:

omit olive oil or butter and add additional 3 tablespoons water. (See Nutrition Facts for sodium content.)

At Near East®, we're inspired by how well the world eats. Our journey began 50 years ago with a single, homemade Armenian rice pilaf recipe. Today, the brand has expanded to a family of hearty grains, blended with vibrant spices and herbs from across the globe. Our simple yet flavorful dishes provide creative inspiration for any meal.



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FLAVOR WITH OTHER NATURAL FLAVORS



RICE PILAF MIX

**Roasted Chicken
& Garlic**
FLAVOR WITH OTHER
NATURAL FLAVORS



Grain Mix Filled
To This Line

Package contains empty space to accommodate grain to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.



RICE PILAF MIX

Roasted Chicken & Garlic



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SERVING
SUGGESTION

Per serving [Enlarged Image](#)

200 CALORIES

0g SAT FAT
0% DV

530mg SODIUM
23% DV

<1g TOTAL SUGARS

NET WT 6.3 OZ (178 g)



BEST BEFORE



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