

INGREDIENTS: Granola (whole grain oats, sugar, brown rice crisp (whole grain brown rice flour, sugar, satt), whole grain wheat, soybean oil, whole wheat flour, molasses, baking soda, soy lecithin, nonfat dry milk), sugar, brown rice crisp (whole grain brown rice flour, sugar, satt), hydrogenated vegetable oil blend (palm kernel and/or palm oil), corn syrup, invert sugar, semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla extract), brown sugar, corn syrup solids, glycerin. Contains 2% or less of: shortening (canola oil, palm oil, palm kernel oil), whey, lactose, cocoa powder, cocoa (processed with alkali), sorbitol, milk fat, soy lecithin, salt, glyceryl lacto esters of fatty acids, natural glyceryl lacto esters of fatty acids, natural flavor, tocopherols (to preserve freshness).

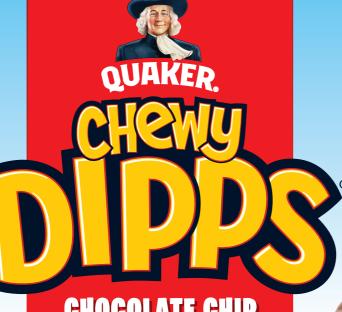
CONTAINS MILK, SOY AND WHEAT MAY CONTAIN TRACES OF PEANUTS AND TREE NUTS.

DISTRIBUTED BY
THE QUAKER OATS COMPANY
P.O. BOX 049003
CHICAGO, IL 60604-9003, U.S.A.
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WHOLE GRAIN
9g or more per serving
50% OR MORE OF THE GRAIN IS WHOLE GRAIN



VALUE PACK 14 g





Nutrition Facts 14 servings per container Serving size 1 bar (31g)

Calories 140 **Total Fat** 5g

Saturated Fat 3.5g 17% Trans Fat 0g Polyunsaturated Fat 0.5g Monounsaturated Fat 1g Cholesterol Omg

100% WHOLE GRAINS

NO — ARTIFICIAL PRESERVATIVES

NO ARTIFICIAL FLAVORS

NO — ADDED COLORS

Sodium 85mg Total Carbohydrate 23g 8%
Dietary Fiber <1g 4% Total Sugars 13g Includes 13g Added Sugars 25%

Sugar Alcohol 0g

Vitamin D 0mcg Calcium 10mg Iron 0.7mg Potassium 70mg *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

smartlabel*

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14 CHOCOLATEY COVERED GRANOLA BARS

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