



QUESTIONS OR COMMENTS? **1-800-352-4477**

WEEKDAYS 9:00AM TO 4:30PM CST EMAIL OR CHAT AT FRITOLAY.COM

Nutrition Facts

About 9 servings per container
Serving size About 21 pieces (28g)

Amount per serving Calories

160

%	Daily Value*
Total Fat 10g	13%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 15g	6%
Dietary Fiber less than 1g	3%
Total Sugars less than 1g	
5 0	

Protein 2g

9	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.5mg	2%
Potassium 40mg	0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, WHEY, MALTODEXTRIN (MADE FROM CORN), NATURAL FLAVORS, SALT, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), CREAM, ROMANO CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEXTROSE, BUTTER (CREAM, SALT), JALAPEÑO PEPPER, ONION POWDER, YEAST EXTRACT, GARLIC POWDER, SWISS CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), AND PARMESAN CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES). CONTAINS MILK INGREDIENTS.

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