INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), FLAMIN' HOT SEASONING (MALTODEXTRIN [MADE FROM CORN], SALT, SUGAR, ARTIFICIAL COLOR [RED 40 LAKE, YELLOW 6 LAKE, YELLOW 6, YELLOW 5], MONOSODIUM GLUTAMATE, YEAST EXTRACT, CITRIC ACID, SUNFLOWER OIL, CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], HYDROLYZED CORN PROTEIN, ONION POWDER, WHEY, NATURAL FLAVOR, GARLIC POWDER, WHEY PROTEIN CONCENTRATE, BUTTERMILK, CORN SYRUP SOLIDS, SODIUM DIACETATE, DISODIUM INOSINATE, DISODIUM GUANYLATE, SODIUM CASEINATE, AND SKIM MILK).
CONTAINS MILK INGREDIENTS.

MANUFACTURED FOR FRITO-LAY, INC., PLANO, TX 75024-4099
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Questions or Comments?
1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

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Nutrition Facts

1 serving per container
Serving size 1 package

Calories per serving 200

Amount/serving	% DV*
Total Fat 13g	**17%**
Saturated Fat 2g	**9%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 320mg	**14%**

Amount/serving	% DV*
Total Carbohydrate 19g	**7%**
Dietary Fiber <1g	**3%**
Total Sugars 0g	
Protein 2g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.5mg 2% • Potassium 40mg 0%

Not a significant source of added sugars.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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