

PASTA RONI.

FETTUCCHINE ALFREDO  
with other natural flavors



Try Rice-A-Roni® for another easy homemade meal.

MICROWAVE DIRECTIONS

In 2-quart microwaveable bowl, combine 1½ cups water, ½ cup milk, 3 tablespoons of butter or margarine, pasta, and Special Seasonings. Stir. Microwave uncovered at HIGH 4-6 minutes. Stir. Microwave at HIGH 4-6 minutes or until pasta is tender; stir well. Sauce will be thin. Let stand 3-5 minutes to thicken.

Microwave ovens vary; adjust times as needed.

LESS FAT DIRECTIONS:

Follow Stove Top or Microwave Directions, except substitute butter with 1 teaspoon olive oil and use ¾ cup skim milk. • Fat reduced to 7g from 20g per serving. • Saturated Fat reduced to 2.5g from 11g per serving. See Nutrition Facts for Sodium Content.

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FETTUCCHINE ALFREDO

Fettuccine in a creamy Parmesan sauce with other natural flavors



Per Serving

220 CALORIES  
2g SAT FAT 9% DV  
600mg SODIUM 26% DV  
3g TOTAL SUGARS

SERVING SUGGESTION

NET WT 4.7 OZ (133 g)

PASTA RONI.



BEST BEFORE:



PASTA RONI.

FETTUCCHINE ALFREDO  
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We're here to help.  
pastaroni.com or 800-421-2444  
Please have package available when calling.  
Package contains empty space to accommodate grain to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

SAFE HANDLING INSTRUCTIONS:

This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.



smartlabel®



Scan here for more food information or call  
1-800-421-2444

Distributed by Golden Grain Co.  
P.O. Box 049003 Chicago, IL  
60604-9003 U.S.A.  
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Nutrition Facts

About 2.5 servings per container  
Serving size 2.0 oz (56g/about 1 cup dry pasta & 1-2/3 Tbsp sauce mix)

	As packaged	As prepared
Calories	220	370
	% DV*	% DV*
Total Fat	4g	5% 20g 25%
Saturated Fat	2g	9% 11g 57%
Trans Fat	0g	0g
Cholesterol	0mg	0% 45mg 15%
Sodium	600mg	26% 770mg 33%
Total Carb.	38g	14% 40g 15%
Dietary Fiber	1g	5% 1g 5%
Total Sugars	3g	6g
Incl. Added Sugars	<1g	1% <1g 1%
Protein	7g	9g
Vitamin D	0mcg	0% 0mcg 0%
Calcium	30mg	2% 90mg 6%
Iron	1.8mg	8% 1.9mg 10%
Potassium	180mg	2% 260mg 4%
Thiamin	0.36mg	30% 0.36mg 30%
Riboflavin	0.2mg	15% 0.28mg 20%
Niacin	2.4mg	15% 2.4mg 15%
Folate DFE	100mcg	25% 100mcg 25%
Folic Acid	(70mcg)	(70mcg)

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Wheat flour, palm oil, whey, salt, corn syrup solids, parmesan cheese (milk, cultures, salt, enzymes), cheddar and romano cheeses (milk, cultures, salt, enzymes), natural flavor (contains soy), sodium caseinate, autolyzed yeast extract, nonfat dry milk, monosodium glutamate, modified food starch, lactic acid, butter (cream, salt), buttermilk powder, black pepper extract, niacin, disodium inosinate, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid. (44035-L02-29)

CONTAINS MILK, SOY AND WHEAT  
INGREDIENTS.

PASTA STOVE TOP DIRECTIONS

- WHAT YOU NEED -



3 TBSP.  
BUTTER OR  
MARGARINE



1¼ CUPS WATER



½ CUP MILK

1 In a medium saucepan, combine water, milk, butter or margarine, pasta, and Special Seasonings. Bring to a boil, stirring occasionally.

2 Reduce heat to medium. Boil uncovered, 5-6 min. or until pasta is just tender, stirring frequently.

3 Sauce will be thin. Let stand 3-5 min. to thicken.

2 cups prepared. Enjoy!

MAKE IT A MEAL

AMP UP THE ALFREDO!

Customize delicious Pasta Roni Fettuccine Alfredo to make it a complete meal. Top with cooked chicken and wilted spinach to create your very own Italian masterpiece!

Find more ideas at pastaroni.com/recipes



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