GENUINE

MUSCLE MILK

OWN YOUR STRENGTH

THE POWER OF GENUINE

- 32g high-quality protein per serving to help rebuild muscles after exercise
- Excellent source of Calcium and Vitamins A. C. & D
- 6g fiber per serving (9g Total Fat per Serving)

DIRECTIONS & USE



Mix 2 scoops MUSCLE MILK® GENUINE into 8 fluid ounces of water for a great tasting protein shake that helps satisfy

You can also add MUSCLE MILK® GENUINE to recipes to increase the protein content.



TESTED FOR BANNED SUBSTANCES†

†NSF screens for more than 270 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim authentication, a toxicology review to certify the formulation, and a contaminant verification to ensure the product is free of banned substances. nsfsport.com

MUSCLE MILK PROTEIN POWDERS OFFER QUALITY YOU CAN TRUST.



ON-THE-GO

NUTRITION











ANYTIME SNACK



POST-WORKOUT RECOVERY

THE SCIENCE BEHIND PROTEIN

MUSCLE MILK® GENUINE contains a combination of high-quality slow releasing and fast releasing proteins to help increase amino acid levels.

Essential amino acids, including leucine, play a role in muscle growth. Protein also helps support muscle rebuilding and maintenance of muscle mass.

PROTEIN COMPARISONS

USDA FoodData Central. 2019 (fdc.nal.usda.gov)











33q PROTEIN 4 Cups of Fat Free Milk



Chicken Breast



without skin



PROTEIN POWDER

COOKIES 'N CRÈME

ARTIFICIALLY FLAVORED

\$See nutrition information

for sugar content

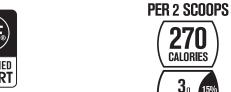


NET WT 4.94 LB (2.24 kg)











270

CALORIES



GENUINE

MALTODEXTRIN, CALCIUM CASEINATE, NON-DAIRY CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE IMILK

INGREDIENTS: MILK PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE.

DERIVATIVE], MONO-AND DIGLYCERIDES, TOCOPHEROLS [PROTECT

FLAVOR]), SODIUM CASEINATE, SOLUBLE CORN FIBER, CANOLA OIL MIXED TRIGLYCERIDES, OAT HULL FIBER, COOKIE PIECES (MILK PROTEIN

GROUND FLAX SEED, SUNFLOWER LECITHIN, NATURAL FLAVOR), CONTAINS 2% OR LESS OF ACESULFAME POTASSIUM, ASCORBIC ACID

CYTOSPORT, INC., P.O. BOX 049003, CHICAGO, IL 60604

(VITAMIN C), CALCIUM PHOSPHATE, DEXTROSE, MAGNESIUM OXIDE,

NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM CHLORIDE, SUCRALOSE

MUSCLE MILK IS A REGISTERED TRADEMARK OF CYTOSPORT. INC.

ISOLATE, INULIN, PALM OIL, SUGAR, COCOA [PROCESSED WITH ALKALI],

Nutrition Facts

32 servings per container Serving size 2 scoops (70g)

Calories

Calcium 590mg

otassium 300mg

/itamin A 270mcg

Magnesium 210mg

/itamin C 23mg

on 0.3mg

1	% Daily Value*
Total Fat 9g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 140mg	6%
Total Carbohydrate	22g 8%
Dietary Fiber 6g	23%
Total Sugars 3g	
Includes 2a Added	Sugars 3%

The % Daily Value (DV) tells you how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

WE'RE HERE TO HELP, MUSCLEMILK, COM/GATORADE 64% Protein 32g OR 1-888-298-6629. Vitamin D 7mcg 35%

45%

6%

30%

25%

50%

Scan here for more food information or call

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VITAMIN A PALMITATE, VITAMIN D3.

CONTAINS MILK INGREDIENTS.

PRODUCED FOR:



Notice: Product sold by weight, not by volume. shipping and handling.

