

INGREDIENTS: CORN, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, SOYBEAN, AND/OR SUNFLOWER OIL), ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT, AND LESS THAN 2% OF BROWN RICE FLOUR, SALT, WHOLE OAT FLOUR, SUGAR, CORN SYRUP, CORN MALTODEXTRIN, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, ONION POWDER, WHEY PROTEIN CONCENTRATE, GARLIC POWDER, MONOSODIUM GLUTAMATE, BUTTERMILK, NATURAL AND ARTIFICIAL FLAVORS, TOMATO POWDER, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), SPICES, YEAST EXTRACT, SODIUM DIACETATE, CORN STARCH, CORN SYRUP SOLIDS, FRUCTOSE, LACTOSE, CITRIC ACID, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6, YELLOW 5, YELLOW 5 LAKE, YELLOW 6 LAKE, BLUE 1, RED 40), POTASSIUM SALT, AMMONIUM BICARBONATE, YEAST, MALT EXTRACT, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTIC ACID, SKIM MILK, MALIC ACID, LIME JUICE, AND SODIUM CASEINATE. CONTAINS MILK AND WHEAT INGREDIENTS.

FRITO-LAY, INC.
PLANO, TX 75024-4099
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NORTH AMERICA, INC.



MUNCHIES

SNACK MIX



NET WT. 2 3/4 OZ. (77.9 g)

SNACK MIX

390
CALORIES
PER PKG

Questions or Comments?
1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email at fritolay.com

Nutrition Facts

About 3 servings per container
Serving size About 3/4 cup (28g)

		Per serving	Per package
Calories		140	390
	% DV*	% DV*	% DV*
Total Fat	7g	9%	19g 24%
Saturated Fat	1g	5%	2.5g 12%
Trans Fat	0g		0g
Cholesterol	0mg	0%	0mg 0%
Sodium	240mg	10%	660mg 28%
Total Carb.	18g	7%	50g 18%
Dietary Fiber	1g	5%	4g 14%
Total Sugars	<1g		2g
Incl. Added Sugars	0g	1%	1g 2%
Protein	2g		6g
Vitamin D	0mcg	0%	0mcg 0%
Calcium	20mg	0%	50mg 2%
Iron	0.9mg	4%	2.4mg 10%
Potassium	60mg	0%	170mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.