

PODS

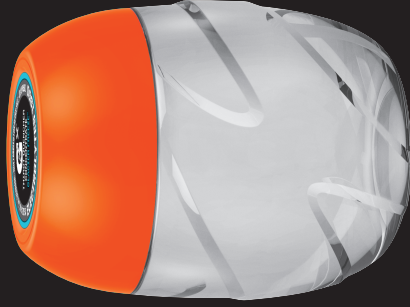
**THIRST QUENCHER
CONCENTRATE**

**GATORADE®
GLACIER FREEZE®**

4 - 3.25 FL OZ (96 mL) PODS
TOTAL 13 FL OZ (384 mL)



Scan here for more
food information or call
1-800-884-2867



CONTAINS 0% JUICE

Nutrition Facts

About 11 servings per container
Serving size 0.4 pods (38mL)
makes about 12 fl oz

Calories **80** **210**

	Per serving	Per container
	% Daily Value	% Daily Value
Total Fat	0g 0%	0%
Sodium	450mg 20%	1330mg 49%
Total Carb.	20g 7%	51g 18%
Total Sugars	20g 50g	50g
Incl. Added Sugars	20g 40%	50g 100%
Protein	0g 0g	0g
Calcium	30mg 2%	80mg 4%
Potassium	200mg 4%	480mg 10%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, and iron.

Water, sugar, dextrose, salt, citric acid, natural flavor, potassium chloride, sodium citrate, calcium lactate, monopotassium phosphate, magnesium oxide, calcium silicate.

DIST. BY: THE GATORADE CO., P.O. BOX 049003, CHICAGO, IL 60604

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Comments? 1-800-884-2867 or visit gatorade.com

DO NOT CONSUME IF SEAL IS BROKEN.

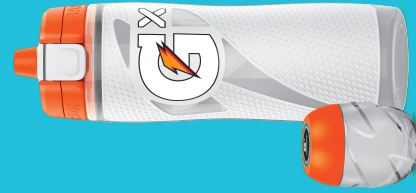
ELECTROLYTES 1800

TEAR HERE

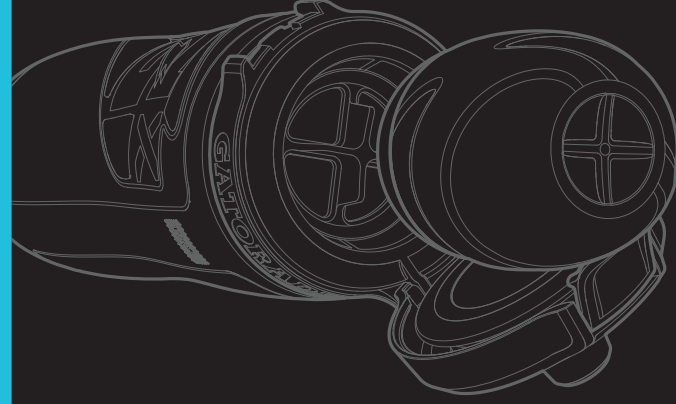
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personalize your
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2
TERRACYLE®

Gx uses TerraCycle® to recycle
your pods. Find out more at
Gatorade.com/Gx

4. RECYCLE
WITH
GX PODS

3. MAKES
30 FL OZ

2. ADD
A POD TO
6X BOTTLE

1. ADD COLD
WATER TO
FILL ZONE

