



Nutrition Facts

About 13 servings per container
Serving size About 17 chips (28g)

Amount per serving	
Calories	160
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 15g	6%
Dietary Fiber 1g	5%
Total Sugars 2g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.6mg	2%
Potassium 350mg	6%
Vitamin C	6%

Not a significant source of added sugars.
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), SKIM MILK, SALT, WHEY, ONION POWDER, PARSLEY, SOUR CREAM (CULTURED CREAM, SKIM MILK), DEXTROSE, MALTODEXTRIN (MADE FROM CORN), NATURAL FLAVORS, MEDIUM CHAIN TRIGLYCERIDES, LACTOSE, AND CITRIC ACID.
CONTAINS MILK INGREDIENTS.

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NO ARTIFICIAL FLAVORS

Questions or Comments?
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Mon-Fri 9:00am to 4:30pm CT email or chat at FritoLay.com

