

\*Regular Smartfood® White Cheddar Flavored Popcorn has 10g of total fat per 1 oz. serving; Smartfood® Reduced Fat White Cheddar Flavored Popcorn has 5g of total fat per 1 oz. serving. This package contains 0.5 oz.

## **Nutrition Facts**

1 serving per container **Serving size** 

1 package

Amount per serving **Calories** 

**70** 

% Da	aily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	4%
Total Sugars less than 1g	
Protein 1a	

Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	0%
Potassium 70mg	0%

Not a significant source of added sugars.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN. VEGETABLE OIL (CORN. CANOLA. AND/OR INGREDIENTS: PUPCURIN, VEGETABLE UIL (LOTHI, CAROLA, AMDJON SUNFLOWER OIL), MALTODEXTRIN (MADE FROM CORN), REDUCED LACTOSE WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, WHEY PROTEIN CONCENTRATE, WHEY, NATURAL FLAVORS, BUTTERMILK, POTASSIUM SALT, LACTIC ACID, AND CITRIC ACID. CONTAINS MILK INGREDIENTS.

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QUESTIONS OR COMMENTS? 1-888-924-5654 WEEKDAYS 9:00AM-4:30PM CENTRAL TIME

CHOKE WARNING: DO NOT GIVE TO CHILDREN YOUNGER THAN 4 YEARS OLD.



