TEAR HERE

-HOLD HERE-

Nutrition Facts

1 serving per container

Serving size 1-3/4 cup (1 pouch)

	Per cup		Per pouch	
Calories	250		410	
		% DV*		% DV*
Total Fat	3g	4%	5g	6%
Saturated Fat	0.5g	3%	1g	4%
Trans Fat	0g		0g	
Cholesterol	20mg	7%	35mg	12%
Sodium	600mg	26%	1000mg	44%
Total Carb.	51g	19%	86g	31%
Dietary Fiber	3g	12%	5g	19%
Total Sugars	<1g		<1g	
Incl. Added Sugars	<1g	1%	<1g	1%
Protein	4g		7g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	80mg	4%	130mg	8%
Iron	2mg	10%	3.4mg	15%
Potassium	200mg	4%	330mg	6%
Thiamin	0.18mg	15%	0.3mg	25%
Niacin	1.6mg	10%	3.2mg	20%
Folate DFE (Folic Acid)	100mcg (68mcg)	25%	180mcg (114mcg)	45%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, rice, maltodextrin, gum arabic, sunflower oil, salt, soy lecithin, corn syrup solids, garlic powder, onion powder, spices, natural flavor, potassium salt, butter (milk, salt), lactose, yeast extract, annatto extract (color), iron (III) phosphate, niacinamide, thiamine mononitrate, folic acid. (F0000631811-L02-2)

CONTAINS MILK AND SOY INGREDIENTS.

HEAT & ENJOY

SQUEEZE pouch to separate rice

TEAR two inches to vent

HEAT on high for 90 SECONDS
Microwave times may vary

REMOVE from microwave using sides

USE CAUTION WHEN HANDLING AND OPENING THE HOT POUCH.

Stove Top Directions:

Squeeze the pouch to separate the rice. Pour the rice contents into a sauté pan with 2 tbsp. of water and heat the rice on medium high heat, stirring occasionally until thoroughly heated (about 4-5 minutes). Serve immediately.

Refrigerate unused portions.

-HOLD HERE-

TASTE 'EM ALL

BEST BEFORE:

Distributed by Golden Grain Co. P.O. Box 049003
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THE SAN FRANCISCO TREAT®

100% U.S. GROWN RICE

NET WT 8.8 OZ (250 g)

90 SECONDS

PER CUP
250 CALORIES
0.5g SAT FAT 3%DV
600mg SODIUM 26%DV
<1g ADDED SUGARS 1%DV

GREAT TASTE

SAN FRANCISCO

HEAT & EAT

HERB & BUTTER RICE FLAVOR

Rice, herbs and butter
with other natural flavors

RICE A RONI
EST 1958
THE SAN FRANCISCO TREAT®

sorting suggestion
Enjoyed Image

NO ARTIFICIAL PRESERVATIVES OR FLAVORS