

MICROWAVE COOKING DIRECTIONS:

- Easier Prep with no Seasoning Pouch!
- 1 Remove lid and add water to fill inside of cup.
- 2 Stir until seasoning is dissolved.
- 3 Microwave uncovered on HIGH for 3 1/2 minutes.

Let stand for at least 1 minute in microwave - until rice is tender and cup is cool enough to handle. Stir.

CAUTION: CUP AND CONTENTS WILL BE EXTREMELY HOT.

Microwave ovens vary in rate of heating; cooking time may be different. Do not reuse cup. Additional space included in cup to prevent product from boiling over. Do not leave microwave unattended.

SAFE HANDLING INSTRUCTIONS:

This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw bacteria in the product. Wash hands, utensils, and surfaces after handling.

JUST ADD WATER & Microwave 3 1/2 MIN

NET WT 2.25 OZ (64 g)

RICE A RONI
EST. 1988
THE SAN FRANCISCO TREAT®

MAKE IT A MEAL
Try adding in grilled chicken and broccoli

CREAMY FOUR CHEESE FLAVOR
Rice, vermicelli and four creamy cheeses with other natural flavors

Nutrition Facts
1 serving per container
Serving size 1 cup (64g)
Amount per serving
Calories 250

	% Daily Value*
Total Fat 6g	12%
Saturated Fat 2.5g	5%
Trans Fat 0g	0%
Cholesterol <5mg	1%
Sodium 670mg	29%
Total Carb. 45g	16%
Dietary Fiber <1g	4%
Total Sugars 3g	6%
Incl. <1g Added Sugars	2%
Protein 6g	12%
Vitamin D 1.7mcg	34%
Iron 1.5mg	27%
Calcium 70mg	14%
Potassium 170mg	34%

*Percent Daily Values are based on a 
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICE, WHEAT FLOUR, PALM OIL, MALTODEXTRIN, WHEAT SALT, NONFAT DRY MILK, PARMESAN CHEESE, MILK, CULTURES, SALT, ENZYME(S), CORN STARCH, SOLIDS, CANOLA OIL, NATURAL FLAVOR, CHEDDAR CHEESE, CORN STARCH, MANGONOLITE GLUTAMATE, MONO PHOSPHATE, ROMANO CHEESE, MONOGLUTAMATE, MONO PHOSPHATE, MODIFIED CREAM, SUGAR, MONOGLUTAMATE, SALT, ENZYME(S), DRIED SULFON DIOXIDE, NAGAWANE, FERROUS PHOSPHATE, LACTIC ACID, YEAST EXTRACT, AUTOLYZED YEAST EXTRACT, BUTTERMILK POWDER, TRIMMED MONONITRATE BLUE CHEESE, MILK, CULTURES, SALT, ENZYME(S), SOY SAUCE, BUTTER, WHEAT, SALT, FILLER, SOY LECITHIN, HOPBITAN.

CONTAINS MILK, SOY AND WHEAT INGREDIENTS.
distributed by Golden Grain Co.
P.O. Box 645003 Chicago, IL 60604-5003

QUALITY GUARANTEED
We're here to help.
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Please have package available when calling.
This package is sold by weight, not volume.

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FOOD SAFE

