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BEST SERVED COLD

BEST BEFORE:



MM MUSCLE MILK®

INGREDIENTS: WATER, CALCIUM CASEINATE (MILK DERIVATIVE), MILK PROTEIN ISOLATE, CONTAINS LESS THAN 2% OF SODIUM CASEINATE (MILK DERIVATIVE), COCOA (PROCESSED WITH ALKALI), SOLUBLE CORN FIBER, NATURAL AND ARTIFICIAL FLAVOR, CELLULOSE GEL, TRIPOTASSIUM PHOSPHATE, POTASSIUM CHLORIDE, CELLULOSE GUM, POTASSIUM PHOSPHATE, HIGH OLEIC SUNFLOWER OIL, SALT, SODIUM POLYPHOSPHATES, SUGRALOSE, CARRAGEENAN, ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), SODIUM CITRATE, VITAMIN A PALMITATE, VITAMIN D3.
CONTAINS MILK INGREDIENTS.

**WORK OUT.
BE STRONG.
MOVE FORWARD.**

- 20g of protein derived from milk to help rebuild muscles after exercise
- Good source of Calcium and Vitamins A, C, & D
- 4g fiber

MUSCLE MILK™



ZERO

SHAKE WELL
DO NOT FREEZE
REFRIGERATE
AFTER OPENING

Nutrition Facts
Serving size 1 carton (330mL)

Amount per serving	
Calories 100	
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 210mg	9%
Total Carbohydrate 7g	3%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Vitamin D 7mcg	35%
Calcium 280mg	20%
Iron 1.1mg	6%
Potassium 560mg	10%
Vitamin A 270mcg	30%
Vitamin C 18mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCED FOR CYTOSPORT, INC.
P.O. BOX 049003 CHICAGO, IL 60604
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WE'RE HERE TO HELP.
MUSCLEMILK.COM OR
1-888-298-6629.



ZERO SUGAR¹ | **20 GRAMS PROTEIN** | 100 CALORIES

CHOCOLATE
ARTIFICIALLY FLAVORED

¹Not a low calorie food.

100 CALORIES PER CARTON

NON-DAIRY PROTEIN SHAKE

CONTAINS NO MILK / INCLUDES MILK PROTEINS

11 FL OZ (330 mL)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



Scan here for more food information or call 1-888-298-6629



RECYCLECARTONS.COM

Tetra Pak®
Tetra Prisma® Aseptic