

Nutrition Facts Serv. size: 1 bar (25g),

Amount per serving: **Calories 100**, **Total Fat** 6g (8% DV), Sat. Fat 2g (11% DV), Trans Fat 0g, Polyunsat. Fat 2g, Monounsat. Fat 2g, **Cholest.** 0mg (0% DV), **Sodium** 50mg (2% DV), **Total Carb.** 12g (4% DV), Dietary Fiber 4g (16% DV), Total Sugars 3g (Incl. 3g Added Sugars, 6% DV), Sugar Alcohol 0g, **Protein** 3g, Vit. D (0% DV), Calcium (2% DV), Iron (4% DV), Potas. (2% DV). % DV = Daily Value

smartlabel*



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3G
SUGAR



**CHIA
SEED BAR**

Coconut

FLAVOR WITH OTHER NATURAL FLAVORS

Per bar

100
CALORIES

NET WT 0.88 OZ (25 g)

VEGAN

960mg OMEGA-3*

*Contains 960mg of ALA per serving, which is 60% of the 1.6g daily value for ALA.

INGREDIENTS: WHITE CHIA SEEDS, BROWN RICE SYRUP, CASHEW BUTTER, COCONUT, CHICORY ROOT FIBER, BROWN RICE CRISPS (WHOLE GRAIN BROWN RICE, BROWN RICE SYRUP, SALT), WHOLE GRAIN OATS, GUM ARABIC, WHITE GRAIN SORGHUM EXTRACT, ALMONDS, VANILLA EXTRACT, SEA SALT, TOCOPHEROLS (TO PRESERVE FRESHNESS), NATURAL FLAVOR. (F0000631758-L02-1)

CONTAINS ALMOND, CASHEW AND COCONUT INGREDIENTS.

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