

Nutrition Facts			
About 3 servings per container			
Serving size 2 oz (56g/about 1/4 cup dry rice-pasta & 2 tsp seasoning mix)			
	As packaged	As prepared	
Calories	200	220	
	% DV*	% DV*	
Total Fat	1g	1%	3.5g 4%
Saturated Fat	0g	0%	1.5g 9%
Trans Fat	0g		0g
Cholesterol	0mg	0%	5mg 2%
Sodium	600mg	26%	620mg 27%
Total Carb.	43g	15%	43g 15%
Dietary Fiber	1g	5%	1g 5%
Total Sugars	<1g		<1g
Incl. Added Sugars	0g	0%	0g 0%
Protein	5g		5g
Vitamin D	0mcg	0%	0mcg 0%
Calcium	40mg	2%	40mg 2%
Iron	0.8mg	4%	0.8mg 4%
Potassium	140mg	2%	140mg 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

INGREDIENTS: Rice, wheat flour, salt, garlic, autolyzed yeast extract, natural flavor, olive oil, yeast extract, herbs* (parsley, thyme, oregano, sage, rosemary, marjoram, basil), onions, soy sauce (soybean, wheat, salt), soy protein isolate, toasted sesame seed oil, tomato*. (00211-L02-8)

*Dried.

CONTAINS SESAME, SOY AND WHEAT INGREDIENTS.

Distributed by:
Near East Food Products
P.O. Box 049003
Chicago, IL 60604-9003

See side panel for additional product information.
©2022 GGC

We're here to help.
Near east.com or 1.800.822.7423
Please have package available when calling.

- RANGE TOP DIRECTIONS**
1. In medium saucepan, bring 1-3/4 cups water and 2 teaspoons olive oil or butter just to a boil.
 2. Stir in rice and contents of Spice Sack. Return to a boil.
 3. Cover; reduce heat to low. Simmer 20 to 25 minutes or until most of water is absorbed.
 4. Fluff pilaf lightly with fork before serving.

About 3 cups prepared
HIGH ALTITUDE PREPARATION

At high altitudes, increase water to 2-3/4 cups and cook time to 25 to 30 minutes.

LOW FAT DIRECTIONS
Follow package directions, except omit olive oil or butter and add additional 3 tablespoons water. (See Nutrition Facts for sodium content.)

At Near East®, we're inspired by how well the world eats. Our journey began 50 years ago with a single, homemade Armenian rice pilaf recipe. Today, the brand has expanded to a family of hearty grains, blended with vibrant spices and herbs from across the globe. Our simple yet flavorful dishes provide creative inspiration for any meal.

smartlabel®



Scan here for more food information or call
1-800-822-7423



RICE PILAF MIX

Garlic & Herb

FLAVOR WITH OTHER NATURAL FLAVORS



Grain Mix Filled To This Line

Package contains empty space to accommodate grain to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

RICE PILAF MIX

Garlic & Herb

FLAVOR WITH OTHER NATURAL FLAVORS



RICE PILAF MIX

Garlic & Herb

FLAVOR WITH OTHER NATURAL FLAVORS




NET WT 6.3 OZ (178 g)

200 CALORIES

0g SAT FAT **0%** DV


600mg SODIUM **26%** DV

<1g TOTAL SUGARS




PAPER MULTILAYERED POLYESTER

BEST BEFORE



0 72251 00211 9



RICE PILAF MIX

Garlic & Herb

FLAVOR WITH OTHER NATURAL FLAVORS

MICROWAVE DIRECTIONS

1. In round 2-quart microwaveable glass casserole, combine rice, contents of Spice Sack, 2-1/2 cups water, and 2 teaspoons olive oil or butter.
2. Cover; microwave at HIGH 22 to 25 minutes or until most of water is absorbed.*
3. Let stand 5 minutes or until all water is absorbed.
4. Fluff pilaf lightly with fork before serving.

* Microwave ovens may vary. Adjust times as needed.

SAFE HANDLING INSTRUCTIONS: This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.