



7 LAYER DIP

16 SERVINGS

- 2 - 9 OZ CANS FRITOS® HOT BEAN DIP WITH JALAPENO PEPPERS OR FRITOS® ORIGINAL BEAN DIP
- 2 CUPS GUACAMOLE
- 2 CUPS SOUR CREAM
- 2 TABLESPOONS TACO SEASONING
- 2 CUPS MEXICAN BLEND SHREDDED CHEESE
- 1 CUP TOMATOES, DICED
- ½ CUP GREEN ONIONS, CHOPPED
- ½ CUP PICKLED JALAPENOS, DRAINED
- 1 BAG FRITOS® SCOOPS!® CORN CHIPS

ASSEMBLY

1. SPREAD FRITOS® BEAN DIP ON BOTTOM OF 9X13-INCH SERVING DISH.
2. SPREAD GUACAMOLE OVER BEAN DIP.
3. COMBINE SOUR CREAM AND TACO SEASONING. SPREAD OVER GUACAMOLE.
4. TOP WITH CHEESE, TOMATOES, ONIONS, AND JALAPENOS.
5. SERVE WITH FRITOS® SCOOPS!®



Questions or Comments?
1-800-352-4477
GUARANTEED FRESH
Until printed date or this snack is on us
Mon-Fri 9:00am to 4:30pm CT email or chat at fritolay.com

Nutrition Facts

About 9 servings per container
Serving size About 10 chips (28g)

Amount per serving		
Calories	160	
% Daily Value*		
Total Fat 10g		12%
Saturated Fat 1.5g		6%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 115mg		5%
Total Carbohydrate 16g		6%
Dietary Fiber 1g		5%
Total Sugars 0g		
Protein 2g		
Vitamin D 0mcg		0%
Calcium 40mg		2%
Iron 0.2mg		0%
Potassium 40mg		0%
Not a significant source of added sugars.		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN, VEGETABLE OIL (CORN AND/OR CANOLA OIL), AND SALT.

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