

Nutrition Facts

About 3.5 servings per container
Serving size 2.0 oz (56g) about 1/3 cup dry rice pasta mix & 1/3 tbsp seasoning mix

Calories	As packaged		As prepared	
		% DV*		% DV*
Total Fat	0.5g	1%	7g	9%
Saturated Fat	0g	0%	4g	21%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	20mg	6%
Sodium	600mg	26%	670mg	29%
Total Carb.	40g	15%	41g	15%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	1g		1g	
Incl. Added Sugars	<1g	1%	<1g	1%
Protein	5g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	20mg	0%	20mg	0%
Iron	1.8mg	8%	1.8mg	8%
Potassium	430mg	8%	430mg	8%
Thiamin	0.3mg	25%	0.3mg	25%
Riboflavin	0.1mg	8%	0.1mg	8%
Niacin	1.6mg	10%	1.6mg	10%
Folate DFE	140mcg	35%	140mcg	35%
Folic Acid	(86mcg)		(86mcg)	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice, wheat flour, salt, potassium salt, sugar, autolyzed yeast extract, hydrolyzed soy protein, onion powder, monosodium glutamate, dried parsley, chicken broth, chicken fat, turmeric (color), garlic powder, sunflower oil, natural flavor, iron (iii) phosphate, disodium guanylate, disodium inosinate, niacinamide, thiamine mononitrate, folic acid, riboflavin.

CONTAINS SOY AND WHEAT INGREDIENTS. (43023-L02-16)

Preferred Method RICE RANGE TOP DIRECTIONS - WHAT YOU NEED -



2 TABLESPOONS BUTTER
OR MARGARINE



2 1/2 CUPS WATER

1 In a large skillet, combine rice-vermicelli mix and butter or margarine. Sauté over medium heat until vermicelli is golden brown, stirring frequently.



2 Slowly stir in water and Special Seasonings; bring to a boil.



3 Cover and reduce heat to low. Simmer 15 to 20 minutes or until rice is tender.



About 3 1/2 cups prepared. Enjoy!
See side panels for additional product information.

TRY RICE-A-RONI® HEAT & EAT



DELICIOUS FLAVOR IN 90 SEC

MAKE IT A MEAL BY ADDING CHICKEN AND BROCCOLI

RICE RÔNI.

CHICKEN
FLAVOR
with other natural flavors



Try Pasta Rôni® for another easy homemade meal.

MICROWAVE DIRECTIONS

In 2-quart microwaveable bowl, combine rice-vermicelli mix and 2 tablespoons butter or margarine. Microwave uncovered at HIGH 1 minute. Stir. Microwave at HIGH 1-2 more minutes or until vermicelli is golden brown. Remove and stir in 3 cups water and Special Seasonings. Microwave uncovered, at HIGH 17-20 minutes or until rice is tender. Let stand 5 minutes before serving. Microwave times vary; adjust times as needed.

LESS FAT DIRECTIONS:
Follow Range Top or Microwave Directions, except replace butter with 1-1/2 teaspoons olive oil.
• Fat reduced to 2.5g from 7g per serving • Saturated Fat reduced to 4g from 1.5g per serving
• Trans Fat reduced to 1g from 1g per serving. See Nutrition Facts Panel for Sodium Content.

RICE A RONI.

CHICKEN FLAVOR
with other natural flavors



CHICKEN FLAVOR

Rice, vermicelli, chicken broth and herbs with other natural flavors



Per Serving

180
CALORIES

0g
SAT FAT
0% DV

600mg
SODIUM
26% DV

<1g
ADDED
SUGARS
1% DV

SERVING
SUGGESTION

NET WT 6.9 OZ (195 g)

RICE A RONI.

BEST BEFORE:



UPC/PURCHASE SEAL



BAR CHICKEN

RICE RÔNI.

CHICKEN
FLAVOR
with other natural flavors



SAFE HANDLING INSTRUCTIONS:
This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product until it is thoroughly cooked, and surfaces after handling.

Grain Mix Filled To This Line

Package contains empty space to accommodate grain to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

QUALITY GUARANTEED
We're here to help. ricearoni.com or 800-421-2444
Please have package available when calling.



smartlabel®



Scan here for more food information or call:
1-800-421-2444

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