

REFRESH THEN  
RECYCLE

MOUNTAIN  
DEW

DEW®

MOUNTAIN  
DEW®  
EST. 1948  
VOLTAGE®  
RASPBERRY  
FLAVOR WITH OTHER  
NATURAL FLAVORS

1 LITER (1.05 QT)

170  
CALORIES  
PER 12 FL OZ  
SERVING

CONTAINS 0% JUICE

## Nutrition Facts

About 3 servings per container

Serving size 12 fl oz (360 mL)

|                    | Per serving   | Per container |
|--------------------|---------------|---------------|
| Calories           | 170           | 480           |
|                    | % Daily Value | % Daily Value |
| Total Fat          | 0g 0%         | 0g 0%         |
| Sodium             | 60mg 3%       | 170mg 8%      |
| Total Carbohydrate | 46g 17%       | 129g 47%      |
| Total Sugars       | 46g           | 129g          |
| Incl. Added Sugars | 46g 91%       | 129g 257%     |
| Protein            | 0g            | 0g            |

Not a significant source of saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium.

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVOR, CITRIC ACID, SODIUM BENZOATE (PRESERVES FRESHNESS), CAFFEINE, SODIUM CITRATE, GUM ARABIC, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), PANAX GINSENG ROOT EXTRACT, BLUE 1, RED 40.

CAFFEINE CONTENT: 55mg/12 fl oz; 154mg/1 L

We're here to help. MountainDew.com or 800.433.2652

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THE AUTHORITY OF  
PEPSICO, INC.,  
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