

POPPED.
NEVER FRIED.



MUNCH
CRUNCH
DIP

14g
WHOLE GRAINS
PER SERVING

GLUTEN FREE
CHOLESTEROL FREE

NO
COLORS FROM
ARTIFICIAL SOURCES,
ARTIFICIAL FLAVORS,
HIGH FRUCTOSE
CORN SYRUP



RICE CHIPS

POPPED. NEVER FRIED.

**SOUR CREAM
& CHIVE**
FLAVOR WITH OTHER NATURAL FLAVORS

14g
WHOLE GRAINS
PER SERVING

GLUTEN FREE
NO ARTIFICIAL FLAVORS
NO COLORS FROM
ARTIFICIAL SOURCES

PER SERVING

130 CALORIES	0.5g SAT FAT 3% DV	190mg SODIUM 8% DV	2g TOTAL SUGARS
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ENLARGED
IMAGE

NET WT 5.5 OZ (156 g)

Nutrition Facts

About 5.5 servings per container
Serving size About 16 pieces (28g)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.1mg	6%
Potassium 90mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole grain brown rice flour, degerminated milled corn, sunflower oil, nonfat dry milk, onion powder, salt, buttermilk powder, cultured cream, dextrose, whey, garlic powder, spices, sugar, natural flavor, gum arabic, silicon dioxide, yeast extract, tocopherols (to preserve freshness).

CONTAINS MILK INGREDIENTS.

DISTRIBUTED BY:
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DO NOT HEAT IN TOASTER OR MICROWAVE.

BEST BEFORE:

