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MICROWAVE IT

1. Remove lid and Seasoning Pouch. This is necessary for proper cooking.
2. Add water to the fill line inside of the cup. Stir it up.
3. Microwave uncovered on HIGH for 3 minutes, or until pasta is tender. DO NOT DRAIN. You'll need the liquid to make the sauce.
4. Stir in Seasoning Pouch, mix 2-3 minutes for maximum cheesiness.

CAUTION: CUP & CONTENTS WILL BE EXTREMELY HOT

Microwave ovens vary in rate of heating; cooking time may need to be adjusted. Do not reuse cup. Additional spices included in cup to prevent product from boiling over. Do not leave microwave unattended.

SAFE HANDLING INSTRUCTIONS:

This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.

Cheetos

MAC'N CHEESE

CHEESY JALAPEÑO FLAVOR

PASTA WITH FLAVORED SAUCE

SEE NUTRITION FACTS FOR SODIUM CONTENT

240 CALORIES PER SERVING

NET WT 2.25 OZ (64 g)

FOOD SAFE

Nutrition Facts

1 serving per container

Serving size 1 cup (64g)

Amount per serving

Calories 240

	% Daily Value*
Total Fat 4.5g	
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol <5mg	8%
Sodium 590mg	1%
Total Carb. 43g	26%
Dietary Fiber 2g	16%
Total Sugars 4g	7%
Incl. <1g Added Sugars	1%
Protein 7g	
Vitamin D 0.3mcg	0%
Calcium 60mg	4%
Iron 2.6mg	10%
Potassium 350mg	8%
Thiamin 0.3mg	25%
Riboflavin 0.2mg	15%
Niacin 2.4mg	15%
Folate 120mcg DFE (63mcg Folic Acid)	30%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEAT FLOUR, CORN MALTODEXTRIN, PALM OIL, CANOLA OIL, CHEESE BLEND (CHEDDAR, MONTEREY JACK, AMERICAN AND BLUE CHEESE), WHEY, CULTURES, SALT, DISTILLED, GALT BRUSHED CHEESE, MILK SOLIDS, GUAR GUM, BUTTERMILK, MALTODEXTRIN, CORN STARCH, FLAVORS, POTASSIUM SALT, MONOSODIUM AND DISODIUM PHOSPHATE, SPICES, LACTIC ACID, MONOSODIUM GLUTAMATE, SILICON DIOXIDE, SOUR MILK, CONCENTRATED PEPPER SAUCE, PROCESSED YEAST EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, CITRIC ACID, MALIC ACID, SODIUM CITRATE, DISODIUM EDTA, YELLOW 5, YELLOW 6, ANNATTO EXTRACT, RED 40, TURMERIC HYDROXYBENZOATE, MALPHA, FILIC ACID, SOY LECITHIN.

CONTAINS MILK, SOY AND WHEAT INGREDIENTS.

Manufactured For: Golden Grain Co.
P.O. Box 6080813 Chicago, IL 60680-0813 U.S.A.

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