

TO CLOSE INSERT TAB

from Artificial Sources

Flavors

GRFKJRMA

WASEFFNKCR

PUFFED

IPKWHOLEE

NSZYALCIB

CRISPYAIO

GRCTKAL

SSFO

WSPXHN

CSRETSULC



Preservatives



Made With 100% Whole Grains and Other Delicious Ingredients





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32635769202



Try 'em all!

CHOCOLATE

FLAVOR WITH OTHER NATURAL FLAVORS









For special offers, information 220 SAT FAT SODIUM SUGARS 6% DV 6% DV 0 D LIFT TAB CAREFULLY TO OPEN

CHOCOLATE

CRISPY

WHOLE

GRAIN

PUFFED

RICE

CRISPS

F0000020780-L02-1

BEST BEFORE

This package is sold by weight, not volume. Some settling may have occurred during shipping and handling.

We're here to help. Quakeroats.com or 800.234.6281 Please have package available when calling.

PROTEIN

100% WHOLE **GRAINS**

— NO — COLORS FROM ARTIFICIAL SOURCES

NET WT 12.6 OZ (360 g)

Nutrition Facts About 7 servings per container
Serving size 3/4 cup (53g)

220 **Calories**

% Daily Value* **Fotal Fat** 6g Saturated Fat 1.5g Trans Fat 0g Polyunsaturated Fat 1.5g Monounsaturated Fat 2.5g

Sodium 150mg Total Carbohydrate 38g Dietary Fiber 3g Total Sugars 9g

Salcium 20mg Potassium 140mg The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole grain oats, brown rice crisp (whole grain brown rice flour, sugar, salt), sugar, whole grain wheat, canola oil, maltodextrin, coconut, whey protein, cocoa powder, natural flavor, molasses, baking soda, honey, nonfat dry milk, lecithin, tocopherols (to preserve freshness). CONTAINS COCONUT, MILK,

INGREDIENTS. DISTRIBUTED BY:
THE QUAKER OATS COMPANY
P.O. BOX 049003
CHICAGO, IL 60604-9003 U.S.A.
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SOY AND WHEAT

smartlabel*

Scan here for more food information or call 1-800-234-6281

CHOKE WARNING: DO NOT GIVE TO CHILDREN YOUNGER THAN 4 YEARS OLD.



34 grams of whole grains per serving from whole grain oats, whole grain brown rice flour, and whole grain wheat.



