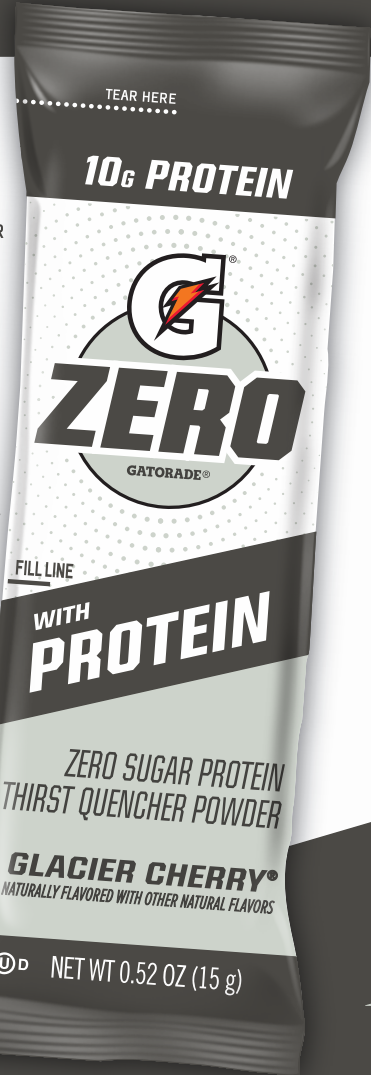




DIRECTIONS

1. ADD 16.9 FL OZ OF WATER TO A SHAKER BOTTLE
2. ADD CONTENTS OF ONE PACKET
3. SHAKE FOR 30 SECONDS OR UNTIL POWDER IS FULLY DISSOLVED
4. CONSUME IMMEDIATELY



ELECTROLYTES TO
HELP REPLENISH WHAT
YOU LOSE IN SWEAT

0g
SUGAR

10g
PROTEIN

TO HELP KICK START
YOUR RECOVERY



10g
PROTEIN

WITH
PROTEIN

ZERO SUGAR PROTEIN
THIRST QUENCHER POWDER
GLACIER CHERRY®
NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS

50
CALORIES
PER PACKET



NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION

CONTAINS NO FRUIT JUICE

Nutrition Facts

10 servings per container
Serving size
makes about 16.9 fl oz

Amount per serving
Calories 50

% Daily Value*

Total Fat 0g 0%

Sodium 230mg 10%

Total Carbohydrate 2g 1%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 10g 17%

Potassium 80mg 0%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, and iron.
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Whey protein isolate, citric acid, sodium citrate, salt, corn syrup*, maltodextrin, monopotassium phosphate, natural flavor, sucralose, silicon dioxide, acesulfame potassium. *adds a trivial amount of sugar.
CONTAINS MILK INGREDIENTS.

DIST. BY:
THE GATORADE CO.
P.O. BOX 049003, CHICAGO, IL 60604

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Comments? 1-800-884-2867
or visit gatorade.com
Low Calorie, 40 calories or less per
12 fl oz prepared



WITH
PROTEIN



10 - 0.52 OZ (15 g) PACKETS/NET WT 5.29 OZ (150 g)