

Have a
BITE of
something
Dangerously
Cheesy!



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CHEESE
FLAVORED SNACKS

Cheetos
White Cheddar
BITES



GUARANTEED FRESH
• UNTIL PRINTED DATE •

NET WT.
2 3/8 OZ. (67.3 g)

QUESTIONS OR COMMENTS?
Weekdays 9:00am to 4:30pm CT
1-800-352-4477/email or chat at fritoalay.com

Nutrition Facts

About 2.5 servings per container
Serving size About 38 pieces (28g)

	Per serving	Per package
Calories	160	390
	% DV*	% DV*
Total Fat	10g 13%	25g 32%
Saturated Fat	1.5g 8%	4g 19%
Trans Fat	0g	0g
Cholesterol	0mg 0%	<5mg 1%
Sodium	260mg 11%	620mg 27%
Total Carb.	15g 5%	35g 13%
Dietary Fiber	<1g 3%	2g 7%
Total Sugars	<1g	2g
Protein	2g	4g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	20mg 0%	40mg 2%
Iron	0.4mg 2%	1mg 4%
Potassium	50mg 0%	130mg 2%

Not a significant source of added sugars.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SUNFLOWER, CORN, AND/OR CANOLA OIL), WHITE CHEDDAR SEASONING (WHEY, CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], CANOLA OIL, NATURAL AND ARTIFICIAL FLAVORS, MALTODEXTRIN [MADE FROM CORN], ARTIFICIAL COLOR, SALT, WHEY PROTEIN CONCENTRATE, MONOSODIUM GLUTAMATE, LACTIC ACID, CITRIC ACID, ACETIC ACID), AND SALT.
CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
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GLUTEN FREE

