

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), SALT, WHEY, MALTODEXTRIN (MADE FROM CORN), CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), POTASSIUM SALT, BUTTERMILK, MONOSODIUM GLUTAMATE, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), ONION POWDER, CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, SPICES, LACTOSE, JALAPEÑO PEPPERS, GARLIC POWDER, WHEY PROTEIN CONCENTRATE, ARTIFICIAL COLOR (YELLOW 6, YELLOW 5, BLUE 1, RED 40), SODIUM CASEINATE, SKIM MILK, CITRIC ACID, MALIC ACID, LACTIC ACID, DISODIUM INOSINATE, AND DISODIUM GUANYLATE. CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
PLANO, TX 75024-4099
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Cheetos
MADE WITH REAL CHEESE!
Cheddar Jalapeño
Crunchy
FLAVORED

GUARANTEED FRESH
• UNTIL PRINTED DATE •



CHEESE FLAVORED SNACKS

NET WT. 1 OZ. (28.3 g)

Questions or Comments?
1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

Nutrition Facts

1 serving per container
Serving size 1 package

Amount per serving
Calories 160

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 15g	6%
Dietary Fiber less than 1g	3%
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	2%
Potassium 130mg	2%

Not a significant source of added sugars.
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.