

Fritos Walking Taco Recipe

3.5 SERVINGS

INGREDIENTS: CHILI, CHEESE SAUCE, SALSA, SLICED PICKLED JALAPENOS, PICO DE GALLO, DICED ONIONS

1. OPEN BAG OF FRITOS® CORN CHIPS, ADD 2 TO 3 SPOONFULS OF CHILI AND 2 TO 3 SPOONFULS OF CHEESE SAUCE. TOP WITH JALAPENOS, ONIONS AND

2. GENTLY WORK BAG WITH HANDS MIXING INGREDIENTS.

3. DIG IN WITH A FORK!











Nutrition Facts 3.5 servings per container Serving size About 32 chips (28g)

Amount per serving Calories

160

| % c | aily Value |
|------------------------|------------|
| Total Fat 10g | 13% |
| Saturated Fat 1.5g | 79 |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 150mg | 6% |
| Total Carbohydrate 16g | 69 |
| Dietary Fiber 1g | 5% |
| Total Sugars 0g | |

| Protein 2g | |
|--------------------------------------|--------|
| | |
| Vitamin D 0mcg | 0% |
| Calcium 40mg | 2% |
| Iron 0.2mg | 0% |
| Potassium 30mg | 0% |
| Not a significant source of added su | ıaars. |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. INGREDIENTS: CORN, VEGETABLE OIL (CORN AND/OR CANOLA

OIL), AND SALT.

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