

Tostitos®



WHAT YOU'LL NEED

- 1 Bag Tostitos Cantina® Jalapeño Flavored Tortilla Chips
- 1 Tbsp Vegetable oil
- 1 Yellow onion (medium sized, juliened)
- 1 Red bell pepper (juliened)
- 1 Yellow bell pepper (juliened)
- 1 Poblano pepper (juliened)
- 2 Tbsp garlic (chopped)
- ¼ Pound Small shrimp (peeled and deveined)
- ½ Tsp Kosher salt
- 1 Cup Mexican crema
- 1 Tbsp Cilantro (chopped)
- 1 Lime (juiced)

DIRECTIONS

Heat a sauté pan over high heat, then add the vegetable oil. When it is smoking hot, add the onions and peppers and stir frequently until they begin to brown and soften, about 5 minutes.

Add the garlic, shrimp and salt and continue stirring for 2 minutes then add the crema, cilantro and lime, bring to a boil for 1 minute and then remove from heat.

Arrange 18-24 Tostitos Cantina® Jalapeño Flavored Tortilla Chips on a platter and top each chip with about 2 tablespoons of the shrimp and pepper mixture. Serve immediately.

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Tostitos®



TORTILLA CHIPS



guaranteed fresh  
until printed date

NO  
PRESERVATIVES  
• • • • •  
NO ARTIFICIAL  
FLAVORS  
• • • • •  
NO ARTIFICIAL  
COLORS

NET WT. 12 OZ. (340.2 g)



Nutrition Facts	
12 servings per container	
Serving size About 6 chips (28g)	
Amount per serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 115mg	<b>5%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 0g	
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 40mg	<b>2%</b>
Iron 0.3mg	<b>0%</b>
Potassium 40mg	<b>0%</b>
Not a significant source of added sugars.	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
INGREDIENTS: CORN, VEGETABLE OIL (CORN, CANOLA, SOYBEAN, AND/OR SUNFLOWER OIL), CORN MALTODEXTRIN, AND LESS THAN 2% OF SALT, NATURAL FLAVORS, DEXTROSE, SOUR CREAM (CULTURED CREAM, SKIM MILK), JALAPEÑO PEPPERS, ONION POWDER, TORULA YEAST, SUGAR, SPICES, YEAST EXTRACT, WHEY, AND GARLIC POWDER. CONTAINS MILK INGREDIENTS.	

FRITO-LAY, INC.  
PLANO, TX 75024-4099  
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Questions or Comments?  
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