

**Tostitos**

**ZESTY CHICKEN  
TORTILLA SOUP**



**WHAT YOU'LL NEED**

1 bag Tostitos® Hint Of Lime Flavored chips  
1 jar of Tostitos® Avocado Salsa  
2 tbsp canola oil  
2 tbsp poblano, diced  
1 yellow onion, diced  
6 cloves minced garlic  
½ cup roma tomato  
½ tsp cumin  
2 quarts chicken stock  
1 ¼ tsp salt  
½ tsp black pepper  
½ tsp cayenne pepper  
1 cup cooked chicken, shredded  
1 lime  
½ avocado, sliced  
Cilantro, garnish

**DIRECTIONS**

Note: Eating Tostitos® Hint of Lime Flavored chips while cooking is encouraged.

1. In a pot, heat oil over medium-low heat. Cook the poblano, onion and garlic until almost clear.
2. Add the cumin and tomato, cook for 2 minutes.
3. Pour in the chicken stock and remaining spices, heat to a simmer (smell those tasty spices yet?)
4. Stir in the shredded chicken and juice of half a lime.
5. Spoon into bowls. Crush a handful of Tostitos® Hint of Lime Flavored chips on top for extra crunch and zing.
6. Garnish with a fan of avocado slices, a dollop of delicious Avocado Salsa, cilantro, and a lime wedge. Yum!

• GO TO [TOSTITOS.COM](http://TOSTITOS.COM) FOR MORE RECIPES •



**Tostitos**

**HINT OF LIME  
• FLAVORED TRIANGLES •**



guaranteed fresh  
until printed date

**NO  
PRESERVATIVES**  
**NO ARTIFICIAL  
FLAVORS**

NET WT. 11 OZ. (311.8 g)



TORTILLA CHIPS



**Nutrition Facts**

11 servings per container  
Serving size About 6 chips (28g)

Amount per serving  
**Calories 150**

% Daily Value\*

**Total Fat** 7g **9%**  
Saturated Fat 1g **5%**  
Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 130mg **6%**

**Total Carbohydrate** 18g **7%**

Dietary Fiber 1g **5%**

Total Sugars less than 1g

**Protein** 2g

Vitamin D 0mcg **0%**

Calcium 30mg **0%**

Iron 0.3mg **0%**

Potassium 40mg **0%**

Not a significant source of added sugars.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CORN, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF MALTODEXTRIN (MADE FROM CORN), SALT, SUGAR, NATURAL FLAVORS, DEXTROSE, SOUR CREAM (CULTURED CREAM, SKIM MILK), POTASSIUM SALT, WHEY, PARSLEY, AND YEAST EXTRACT. CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.  
PLANO, TX 75024-4099  
© 2021 FRITO-LAY  
NORTH AMERICA, INC.



Find us on  
[Tostitos.com](http://Tostitos.com)

Questions or Comments?  
1-800-352-4477

**GUARANTEED FRESH**

Until printed date or this snack is on us

Mon-Fri 9:00am to 4:30pm CT email or chat at [fritolay.com](http://fritolay.com)

