



RUFFLES
Because when you have ridges,
THE CRUNCHES ARE CRUNCHIER,
THE DIPPING STRENGTH MULTIPLIES,
and your chips become RUFFLES.®



NF-RUSS-7E LAP 30061907

RUFFLES HAVE RRRIDGES!®

RUFFLES®



GUARANTEED FRESH
• UNTIL PRINTED DATE •

ORIGINAL



POTATO CHIPS

NET WT. 1 OZ. (28.3 g)

160
CALORIES
PER PKG

See Nutrition Information for Total Fat Content.

Questions or Comments? 1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

Nutrition Facts

1 serving per container
Serving size 1 package

Amount per serving
Calories 160

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1.5g **7%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 140mg **6%**

Total Carbohydrate 15g **6%**

Dietary Fiber 1g **5%**

Total Sugars less than 1g

Protein 2g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.6mg 2%

Potassium 350mg 6%

Vitamin C 6%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), AND SALT.

FRITO-LAY, INC.
PLANO, TX 75024-4099
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GLUTEN FREE