

QUAKER.  
CHEWY  
DIPPS®

**DARK CHOCOLATEY**  
FLAVOR WITH OTHER NATURAL FLAVORS

Pull back notch to remove top!

QUAKER.  
CHEWY  
DIPPS®

**DARK CHOCOLATEY**  
FLAVOR WITH OTHER NATURAL FLAVORS

Made With  
**100% WHOLE GRAINS**  
& Other Delicious Ingredients  
**NO ARTIFICIAL PRESERVATIVES**  
**NO ARTIFICIAL FLAVORS**  
**NO ADDED COLORS**

**INGREDIENTS:** Granola (whole grain oats, brown sugar, brown rice crisp (whole grain brown rice flour, sugar, salt), whole grain wheat, soybean oil, whole wheat flour, baking soda, soy lecithin, nonfat dry milk), sugar, brown rice crisp (whole grain brown rice flour, sugar, salt), hydrogenated vegetable oil blend (palm kernel and palm oil), corn syrup, liquid invert sugar, semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla extract), brown sugar, hydrogenated palm kernel oil, corn syrup solids, glycerin, cocoa powder, cocoa (processed with alkali), vegetable shortening (monounsaturated canola oil, palm oil, palm kernel oil), nonfat dry milk, whey, lactose, sorbitol, soy lecithin, salt, glyceryl lacto esters of fatty acids, vanilla extract, tocopherols (to preserve freshness). (31103-4)  
**CONTAINS MILK, SOY AND WHEAT INGREDIENTS.**

DISTRIBUTED BY:  
THE QUAKER OATS COMPANY  
P.O. BOX 049003  
CHICAGO, IL 60604-9003, U.S.A.  
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Nutrition Facts	
6 servings per container	
Serving size	1 bar (31g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 5g	7%
Saturated Fat 4g	19%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 13g	
Includes 12g Added Sugars	25%
Sugar Alcohol 0g	
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.9mg	4%
Potassium 80mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

smartlabel™  
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QUAKER.  
CHEWY  
DIPPS®

MADE WITH  
**8g WHOLE GRAINS**

**NO ADDED COLORS**  
**NO ARTIFICIAL PRESERVATIVES**  
**NO ARTIFICIAL FLAVORS**



**Try 'em all!**  
Make snacking more fun with other Quaker Chewy snacks!

**50%+ WHOLE GRAIN**  
8g or more per serving  
50% OR MORE OF THE GRAIN IS WHOLE GRAIN

QUAKER.  
CHEWY  
DIPPS®  
**DARK CHOCOLATEY**  
FLAVOR WITH OTHER NATURAL FLAVORS

Per bar  
**140** CALORIES  
**4g** SAT FAT 19% DV  
**70mg** SODIUM 3% DV  
**13g** TOTAL SUGARS

**6 CHOCOLATEY COVERED GRANOLA BARS**

**6-1.09 OZ (31 g) BARS**  
**NET WT 6.5 OZ (186 g)**



We're here to help.  
QuakerOats.com or 800.856.5781  
Please have package available when calling.

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