

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF SALT, MALTODEXTRIN (MADE FROM CORN), YEAST EXTRACT, SUGAR, MONOSODIUM GLUTAMATE, CITRIC ACID, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE, YELLOW 6, YELLOW 5), HYDROLYZED CORN PROTEIN, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), POTASSIUM SALT, ONION POWDER, WHEY, GARLIC POWDER, NATURAL FLAVORS, WHEY PROTEIN CONCENTRATE, BUTTERMILK, AND SODIUM DIACETATE. CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
PLANO, TX 75024-4099
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NORTH AMERICA, INC.

Frito Lay

GLUTEN FREE

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*Twice as hot compared to regular
CHEETOS® FLAMIN' HOT® Snacks.

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GUARANTEED FRESH
Until printed date or this snack is on us.

QUESTIONS OR COMMENTS?
Weekdays 9:00am to 4:30pm CT
1-800-352-4477/email or chat at fritolay.com

Nutrition Facts
1 serving per container
Serving size 1 package

Amount per serving	% Daily Value*
Calories 160	
Total Fat 10g	13%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 15g	6%
Dietary Fiber less than 1g	3%
Total Sugars less than 1g	
Protein 2g	
Vit. D 0mcg 0%	Calcium 10mg 0%
Iron 0.7mg 2%	Potas. 80mg 0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.