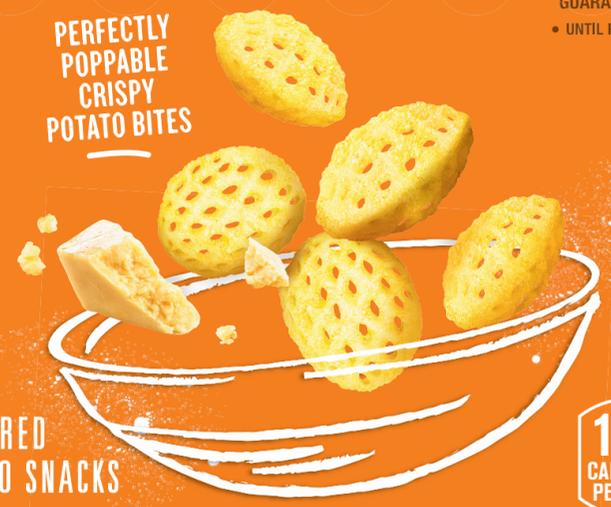


Lay's
POPPABLES
DELISH
AIRY
BITE-SIZED



POPPABLES
 White Cheddar

PERFECTLY
 POPPABLE
 CRISPY
 POTATO BITES



GUARANTEED FRESH
 • UNTIL PRINTED DATE •

150
 CALORIES
 PER PKG

FLAVORED
 POTATO SNACKS

NET WT. 1 OZ. (28.3 g)

See Nutrition Information for Total Fat Content.

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 food information

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Nutrition Facts

1 serving per container
 Serving size 1 package

Amount per serving
Calories 150

	% Daily Value*
Total Fat 8g	11%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 16g	6%
Dietary Fiber less than 1g	3%
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.3mg	0%
Potassium 240mg	4%

Not a significant source of added sugars.
 * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRIED POTATOES, VEGETABLE OIL (SUNFLOWER, CORN, AND/OR CANOLA OIL), POTATO STARCH, WHITE CHEDDAR SEASONING (WHEY, MALTODEXTRIN MADE FROM CORN), SALT, CHEDDAR CHEESE, MILK, CHEESE CULTURES, SALT, ENZYMES, SKIM MILK, NATURAL FLAVORS, SUNFLOWER OIL, BUTTERMILK, ROMANO CHEESE (PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, DEXTROSE, CORN OIL, YEAST EXTRACT, ONION POWDER, GARLIC POWDER, SPIKE, LACTOSE, CITRIC ACID, MILK PROTEIN CONCENTRATE, LACTIC ACID, SEA SALT, AND TURMERIC. CONTAINS MILK INGREDIENTS.

Frito-Lay, Inc.
 Plano, TX 75024-4099
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Questions or Comments?
 1-800-352-4477
GUARANTEED FRESH
 Until printed date or this snack's on us
 Mon-Fri 9:00am to 4:30pm CT email or chat at fritolay.com