

Lay's
POPPABLES®



BITE-SIZED
DELICIOUSNESS,

ONE TANGY
POP
AT A TIME!



SEA SALT
& VINEGAR
FLAVORED



GUARANTEED FRESH
• UNTIL PRINTED DATE •

— NO —
ARTIFICIAL
FLAVORS

— NO —
COLORS FROM
ARTIFICIAL
SOURCES

POTATO SNACKS

NET WT. 5 OZ. (141.7g)



POPPABLES®

Nutrition Facts

5 servings per container
Serving size About 28 pieces (28g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 17g	6%
Dietary Fiber less than 1g	3%
Total Sugars less than 1g	
Protein less than 1g	

Vitamin D 0mcg 0%
Calcium 10mg 0%
Iron 0.3mg 0%
Potassium 160mg 2%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRIED POTATOES, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), POTATO STARCH, MALTODEXTRIN (MADE FROM CORN), NATURAL FLAVORS, SEA SALT, LACTOSE, VINEGAR, POTASSIUM SALT, AND TURMERIC EXTRACTS.
CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
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Questions or Comments?
1-800-352-4477
GUARANTEED FRESH
Until printed date or this snack is on us
Mon-Fri 9:00am to 4:30pm CT email at fritolay.com



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Lays.com

