

20G
PROTEIN

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SHAKE WELL TWIST TO OPEN ►

GATORADE
RECOVER®
PROTEIN
SHAKE



FORMULATED BASED ON
THE BEST SPORTS SCIENCE
RESEARCH AVAILABLE

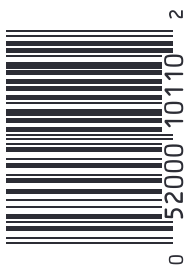
20G OF HIGH QUALITY
PROTEIN, INCLUDING
CASEIN & WHEY

HELPS REBUILD MUSCLE

CARBS TO HELP REPLENISH
ENERGY STORES

FOR BEST RESULTS, SHAKE
WELL AND DRINK AS SOON
AS POSSIBLE AFTER
YOUR WORKOUT

ME 5¢ OR 10¢ CA CRV

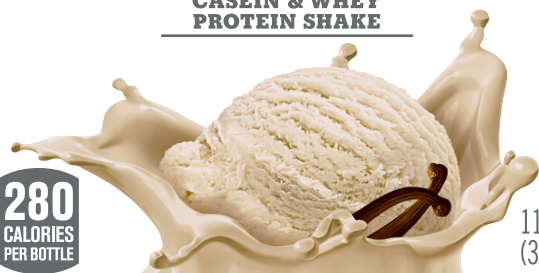


280
CALORIES
PER BOTTLE

PROTEIN
SHAKE

VANILLA ARTIFICIALLY FLAVORED

CASEIN & WHEY
PROTEIN SHAKE



11.16 FL OZ
(330 mL)

Nutrition Facts

Serving size 1 Bottle (330mL)

Amount per serving

Calories 280

% Daily Value*

Total Fat 1g **1%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 340mg **15%**

Total Carbohydrate 46g **17%**

Dietary Fiber less than 1g **3%**

Total Sugars 21g

Includes 20g Added Sugars **39%**

Protein 20g **40%**

Vitamin D 0mcg **0%**

Calcium 600mg **45%**

Iron 0.2mg **0%**

Potassium 540mg **10%**

* The % Daily Value (DV) tells you how much a nutrient
in a serving of food contributes to a daily diet. 2,000
calories a day is used for general nutrition advice.

Water, maltodextrin, milk protein concentrate,
sugar, dextrose, natural and artificial flavor,
potassium phosphate, salt, cellulose gel, whey
protein concentrate, cellulose gum,
carrageenan, sucralose.

CONTAINS MILK INGREDIENTS.

smartlabel®



Scan here for more
food information or call
1-800-884-2867

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Comments? 1-800-884-2867 or visit gatorade.com
REFRIGERATE AFTER OPENING.