

*PRODUCT COMPARISON	
PER 1 OZ. SERVING	FAT
TOSTITOS® Reduced Fat Crispy Rounds	5g*
TOSTITOS® Regular Crispy Rounds	7g

*This package contains 1.45 oz.

- ▶ NO ARTIFICIAL FLAVORS
- ▶ NO PRESERVATIVES



GLUTEN FREE

WHOLE GRAIN
8g or more
per serving

Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol, may help reduce the risk of heart disease.

EAT 48g OR MORE OF WHOLE GRAINS DAILY

Questions or Comments?
1-800-352-4477

GUARANTEED FRESH
Until printed date or this snack is on us

Mon-Fri 9:00am to 4:30pm CT email at fritolay.com

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0 28400 27652 8

DM-TOSS-7E LAP 400058513

NO COLORS
from
ARTIFICIAL
SOURCES

Tostitos®

CRISPY ROUNDS
•REDUCED FAT•

*25% LESS FAT THAN REGULAR TOSTITOS® CRISPY ROUNDS TORTILLA CHIPS.
*See back panel

guaranteed fresh
until printed date



SERVING
SUGGESTION

190
CALORIES
PER PKG



TORTILLA CHIPS NET WT. 1.45 OZ. (41.1 g)

Nutrition Facts

1 serving per container
Serving size 1 package

Amount per serving
Calories 190

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	12%
Total Sugars 0g	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.4mg	2%
Potassium 70mg	0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE CORN, CORN, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), AND SALT.

FRITO-LAY, INC.
PLANO, TX 75024-4099
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Scan here for more food information
or call 1-800-352-4477