

Nutrition Facts

About 3 servings per container

Serving size 2 oz (56g/about 1/4 cup dry rice & 1 tbsp seasoning mix)

	As packaged	As prepared
Calories	190	300
	% DV*	% DV*
Total Fat	0g	11g
Saturated Fat	0g	6g
Trans Fat	0g	0g
Cholesterol	0mg	30mg
Sodium	430mg	550mg
Total Carb.	43g	45g
Dietary Fiber	<1g	<1g
Total Sugars	<1g	3g
Incl. Added Sugars	<1g	<1g
Protein	4g	6g
Vitamin D	0mcg	0mcg
Calcium	20mg	80mg
Iron	1.5mg	1.5mg
Potassium	530mg	600mg
Thiamin	0.18mg	0.18mg
Niacin	1.6mg	1.6mg
Folate DFE	120mcg	120mcg
Folic Acid	(73mcg)	(73mcg)

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice, corn maltodextrin, potassium salt, sugar, modified corn starch, citric acid, garlic powder, natural flavor, salt, yeast extract, chili pepper, dried garlic, vinegar, chicken broth, chicken fat, chicken powder, paprika extract (color), iron (III) phosphate, niacinamide, thiamine mononitrate, folic acid.

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MAKE IT A MEAL

1. **STIR** in sliced celery and chopped red bell pepper before standing time.
2. **ADD** shredded, cooked chicken (such as rotisserie) when rice is fully cooked.
3. **TOP** with thinly sliced green onion and crumbled blue cheese. Sprinkle lightly with crushed red pepper and celery seeds.

Find more ideas at ricearoni.com/recipes



Preferred Method RICE RANGE TOP DIRECTIONS

- WHAT YOU NEED -



1 In a medium saucepan, combine rice, water and butter or margarine. Bring to a boil.



2 Cover, reduce heat to medium-low. Simmer 15 minutes or until most of liquid is absorbed.



3 Stir in milk and Special Seasonings. Simmer 5 minutes or until most of the liquid is absorbed.



4 Cover and remove from heat. Let stand for 5 minutes. Stir well before serving.

2 1/2 cups prepared. Enjoy!

See side panels for additional product information.

RICE A RONI.



Try Pasta RONI® for another easy homemade entree.

MICROWAVE DIRECTIONS

In 2-quart microwavable bowl, combine rice, 2 1/4 cup water, 1/2 cup milk, 2 tablespoons of butter or margarine, and Special Seasonings. Cover, microwave at HIGH for 23 minutes or until rice is tender. Let stand covered for 5 minutes. Stir well before serving.

Microwave ovens vary; adjust times as needed.

LESS FAT DIRECTIONS:

Follow Range Top or Microwave Directions, except substitute butter with 1 tablespoon olive oil and use skim milk. • Fat reduced to 2.5g from 11g per serving. • Saturated Fat reduced to 0g from 6g per serving. See Nutrition Facts panel for Sodium Content.

RICE A RONI.

BUFFALO CHICKEN FLAVOR
with other natural flavors



BUFFALO CHICKEN FLAVOR
Rice, chili pepper sauce and chicken broth with other natural flavors



Per Serving

190	0g	430mg	<1g
CALORIES	SAT FAT	SODIUM	ADDED SUGARS
	0% DV	19% DV	2% DV

SEE NUTRITION FACTS

NET WT 5.5 OZ (156 g)

RICE A RONI.

BEST BEFORE:



homesealable

UPC/PURCHASE SEAL



PAPER BOX MULTILAYER POUCH

RICE A RONI.



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