

Cheetos

Cheetos

Flamin' Hot

GUARANTEED FRESH  
• UNTIL PRINTED DATE •

WHERE THERE'S  
Smoke  
THERE'S  
FIRE

PUFFS WITH  
SMOKIN' HEAT

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CHEESE FLAVORED SNACKS

NET WT. 7 OZ. (198.4 g)

**Nutrition Facts**

7 servings per container  
Serving size About 24 pieces (28g)

Amount per serving  
**Calories 160**

|                               | % Daily Value* |
|-------------------------------|----------------|
| <b>Total Fat</b> 12g          | <b>15%</b>     |
| Saturated Fat 1.5g            | <b>8%</b>      |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 0mg        | <b>0%</b>      |
| <b>Sodium</b> 140mg           | <b>6%</b>      |
| <b>Total Carbohydrate</b> 14g | <b>5%</b>      |
| Dietary Fiber less than 1g    | <b>3%</b>      |
| Total Sugars less than 1g     |                |
| <b>Protein</b> 1g             |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 20mg                  | 0%             |
| Iron 0.8mg                    | 4%             |
| Potassium 180mg               | 2%             |

Not a significant source of added sugars.  
\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF MALTODEXTRIN (MADE FROM CORN), SPICES (INCLUDING GHOST CHILI PEPPERS), POTASSIUM SALT, CITRIC ACID, ONION POWDER, SALT, MONOSODIUM GLUTAMATE, YEAST EXTRACT, CHeddar CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), TOMATO POWDER, SODIUM DIACETATE, CORN SYRUP SOLIDS, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE, BLUE 2 LAKE, YELLOW 6, YELLOW 5), WHEY, SUGAR, NATURAL FLAVORS (CONTAINS ANIMAL INGREDIENTS), WHEY PROTEIN CONCENTRATE, GARLIC POWDER, BUTTERMILK, DISODIUM INOSINATE, AND DISODIUM GUANYLATE. CONTAINS MILK INGREDIENTS.

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Questions or Comments?  
1-800-352-4477

**GUARANTEED FRESH**  
Until printed date or this snack is on us

Mon-Fri 9:00am to 4:30pm CT email or chat at fritolay.com

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