

SHAKE WELL TWIST TO OPEN ▶

GATORADE®
NUTRITION
SHAKE

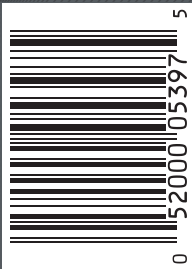


20 GRAMS OF
HIGH-QUALITY
PROTEIN, INCLUDING
CASEIN AND WHEY,
TO HELP REBUILD
MUSCLE.
17 VITAMINS AND
MINERALS TO
HELP SUPPORT
DAILY NUTRITION.
54 GRAMS OF CARBS
TO PROVIDE ENERGY
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GLYCOGEN STORES.

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32350539701 (MC) ME 5d OR 10c CA CRV

GATORADE®
NUTRITION
SHAKE

NUTRITION
SHAKE

CHOCOLATE
ARTIFICIALLY FLAVORED

11.16 FL OZ (330 mL)

360
CALORIES
PER BOTTLE

Nutrition Facts

Serving size 1 Bottle (330 mL)

Amount per serving
Calories 360

% Daily Value*

Total Fat	8g	10%
Saturated Fat	2g	9%
Trans Fat	0g	
Cholesterol	10mg	4%
Sodium	280mg	12%
Total Carbohydrate	54g	19%
Dietary Fiber	2g	7%
Total Sugars	34g	
Includes 34g Added Sugars		68%
Protein	20g	40%

Vitamin D	3mcg	15%	• Calcium	390mg	30%
Iron	2.7mg	15%	• Potassium	710mg	15%
Vitamin A	320mcg	35%	• Vitamin C	135mg	150%
Vitamin E	6mg	40%	• Riboflavin	0.59mg	45%
Vitamin B6	0.43mg	25%	• Vitamin B12	3.12mcg	130%
Biotin	63mcg	210%	• Pantothenic Acid	1.5mg	30%
Phosphorus	560mg	45%	• Iodine	53mcg	35%
Magnesium	105mg	25%	• Zinc	7.7mg	70%
Manganese	0.81mg	35%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Water, sugar, milk protein isolate, maltodextrin, canola oil, cocoa (processed with alkali), mono- and diglycerides, potassium phosphate, cellulose gel, natural and artificial flavor, magnesium phosphate, salt, sodium ascorbate (vitamin C), malic acid, cellulose gum, carrageenan, vitamin E ascorbate, ferric orthophosphate, zinc oxide, vitamin A palmitate, calcium pantothenate, manganese sulfate, vitamin D3, pyridoxine hydrochloride (vitamin B6), riboflavin, biotin, potassium iodide, cyanocobalamin (vitamin B12).
CONTAINS MILK INGREDIENTS.

DIST. BY: THE GATORADE CO., P.O. BOX 049003, CHICAGO, IL 60604
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Comments? 1-800-884-2867 or visit gatorade.com
REFRIGERATE AFTER OPENING. SHAKE WELL.