Nutrition Facts

About 15 servings per container
Serving size **About 15 chips (28g)**

Amount per serving
Calories **160**

	% Daily Value*
Total Fat 10g	**12%**
Saturated Fat 1.5g	**7%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 140mg	**6%**
Total Carbohydrate 15g	**6%**
Dietary Fiber 1g	**5%**
Total Sugars 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.6mg	2%
Potassium 400mg	8%
Vitamin C	6%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF CORN MALTODEXTRIN, SALT, BUTTERMILK, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), NATURAL FLAVORS, DEXTROSE, POTASSIUM SALT, PARMESAN CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SPICES, PARSLEY, LACTOSE, YEAST EXTRACT, GARLIC POWDER, SKIM MILK, ONION POWDER, CITRIC ACID, ASIAGO CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), AND LACTIC ACID.
CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
PLANO, TX 75024-4099
© 2025 FRITO-LAY NORTH AMERICA, INC.

Find us on Lays.com

smartlabel®
Scan here for more food information or call 1-800-352-4477

NO ARTIFICIAL FLAVORS

Questions or Comments?
1-800-352-4477
GUARANTEED FRESH Until printed date or this snack is on us
Mon-Fri 9:00am to 4:30pm CT email at fritolay.com

0 28400 78029 2
DM-LAYS-7E LAP 30063678