

REFRESH THEN
RECYCLE



DEW®

**MOUNTAIN
DEW**

EST.
1948

**Baja
Blast®**
TROPICAL LIME
NATURALLY AND ARTIFICIALLY FLAVORED

170
CALORIES
PER 12 FL OZ
SERVING

1 LITER
(1.05 QT)

CONTAINS 0% JUICE

Nutrition Facts

About 3 servings per container

Serving size 12 fl oz (360 mL)

	Per serving	Per container
Calories	170	470
	% Daily Value	% Daily Value
Total Fat	0g 0%	0g 0%
Sodium	55mg 2%	160mg 7%
Total Carbohydrate	44g 16%	125g 45%
Total Sugars	44g	124g
Incl. Added Sugars	44g 88%	124g 248%
Protein	0g	0g

Not a significant source of saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium.

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SODIUM BENZOATE (PRESERVES FRESHNESS), CAFFEINE, GUM ARABIC, SODIUM CITRATE, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), SUCROSE ACETATE ISOBUTYRATE, YELLOW 5, BLUE 1.

CAFFEINE CONTENT: 59mg/12 fl oz; 165mg/1 L

We're here to help. MountainDew.com or 800.433.2652

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