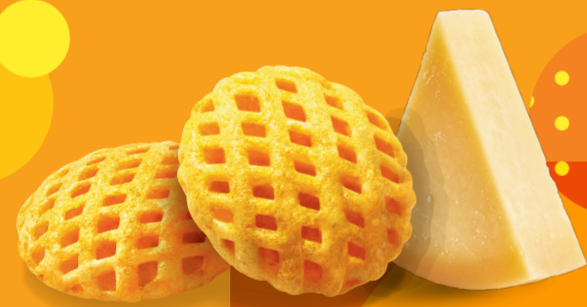


Lay's  
POPPABLES®



BITE-SIZED  
DELICIOUSNESS,

ONE CHEESY  
POP  
AT A TIME!



Lay's  
POPPABLES®

WHITE  
CHEDDAR  
FLAVORED



GUARANTEED FRESH  
• UNTIL PRINTED DATE •

— NO —  
ARTIFICIAL  
FLAVORS

— NO —  
COLORS FROM  
ARTIFICIAL  
SOURCES

POTATO SNACKS

NET WT. 5 OZ. (141.7 g)

#### Nutrition Facts

5 servings per container  
Serving size About 28 pieces (28g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 8g	<b>11%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber less than 1g	<b>3%</b>
Total Sugars 1g	
<b>Protein</b> 1g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.3mg	0%
Potassium 150mg	2%

Not a significant source of added sugars.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** DRIED POTATOES, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), POTATO STARCH, WHEY, MALTODEXTRIN (MADE FROM CORN), SALT, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SKIM MILK, NATURAL FLAVORS, BUTTERMILK, ROMANO CHEESE (PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, DEXTROSE, CORN OIL, YEAST EXTRACT, ONION POWDER, GARLIC POWDER, SPICES, SEA SALT, TURMERIC EXTRACTS, LACTOSE, CITRIC ACID, MILK PROTEIN CONCENTRATE, AND LACTIC ACID. CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.  
PLANO, TX 75024-4099  
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Questions or Comments?  
1-800-352-4477

**GUARANTEED FRESH**  
Until printed  
date or this snack is on us

Mon-Fri 9:00am to 4:30pm CT email at [fritolay.com](mailto:fritolay.com)



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