GENUINE

MUSCLE MILK OWN YOUR STRENGTH

THE POWER OF GENUINE

- 32g high-quality protein per serving to help rebuild muscles after exercise
- Excellent source of Calcium and Vitamins A. C. & D
- 6g fiber per serving (9g Total Fat per Serving)

DIRECTIONS & USE



Mix 2 scoops MUSCLE MILK® GENUINE into 8 fluid ounces of water for a great tasting protein shake that helps satisfy



You can also add MUSCLE MILK® GENUINE to recipes to increase the protein content.



TESTED FOR BANNED SUBSTANCES†

†NSF screens for more than 270 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim authentication, a toxicology review to certify the formulation, and a contaminant verification to ensure the product is free of banned substances, nsfsport.com

MUSCLE MILK PROTEIN POWDERS OFFER QUALITY YOU CAN TRUST.



ON-THE-GO













POST-WORKOUT

THE SCIENCE BEHIND PROTEIN

MUSCLE MILK® GENUINE contains a combination of high-quality slow releasing and fast releasing proteins to help increase amino acid levels.

Essential amino acids, including leucine, play a role in muscle growth. Protein also helps support muscle rebuilding and maintenance of muscle mass.

PROTEIN COMPARISONS

Protein data from USDA FoodData Central, 2019 (fdc.nal.usda.gov)

















CHOCOLATE

ARTIFICIALLY FLAVORED

‡See nutrition information

for sugar content

PROTEIN

NET WT 30.9 OZ (1.93 LB) 875 g

PER SERVING

MUSCLE MILK

GRAMS SUGAR[‡] PER SERVING

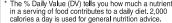
EXCELLENT SOURCE OF **CALCIUM VITAMINS** A,C&D





CALORIES

PER 2 SCOOP



Nutrition Facts

About 13 servings per container Serving size 2 scoops (70g)

Amount per serving

Calories

	% Daily Value*
Γotal Fat 9g	11%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 135mg	6%
Total Carbohydrat	e 20g 7%
Dietary Fiber 6g	23%
Total Sugars 2g	

rotai Sugars 2g	
Includes <1g Added	Sugars 1%
Protein 32g	64%
Vitamin D 7mcg	35%
Calcium 590mg	45%
Iron 2.7mg	15%
Potassium 690mg	15%
Vitamin A 270mcg	30%
Vitamin C 23mg	25%
Magnesium 210mg	50%

The % Daily Value (DV) tells you how much a nutrient

GENUINE

INGREDIENTS: WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, MALTODEXTRIN, CALCIUM CASEINATE, NON-DAIRY CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE (MILK DERIVATIVE), MONO-AND DIGLYCERIDES, TOCOPHEROLS (PROTECT FLAVOR)), COCOA (PROCESSED WITH ALKALI), SODIUM CASEINATE, SOLUBLE CORN FIBER, CANOLA OIL, MIXED TRIGLYCERIDES, OAT HULL FIBER, CONTAINS 2% OR LESS OF ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), CALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVOR MAGNESIUM OXIDE, POTASSIUM CHLORIDE, SUCRALOSE, VITAMIN A PALMITATE, VITAMIN D3.

CONTAINS MILK INGREDIENTS.

PRODUCED FOR: Cytosport, Inc., P.O. Box 049003, Chicago, Il 60604 ©2024 Cytosport, Inc.

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32655032904 (IN)

Notice: Product sold by

weight, not by volume.

Contents may settle during shipping and handling.

