Questions or Comments? 1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

Nutrition Facts

4 servings per container
Serving size **About 14 pieces (28g)**

Amount per serving	
Calories	**150**
	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 140mg	**6%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 1g	**5%**
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.3mg	0%
Potassium 60mg	0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN, VEGETABLE OIL (CORN, CANOLA, SOYBEAN, AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF CORN MALTODEXTRIN, SALT, WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), NATURAL AND ARTIFICIAL FLAVORS, BUTTERMILK, MONOSODIUM GLUTAMATE, ROMANO CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE, YELLOW 6, YELLOW 5), ONION POWDER, CITRIC ACID, SPICES, DEXTROSE, TOMATO POWDER, POTASSIUM SALT, WHEY PROTEIN CONCENTRATE, LACTOSE, LACTIC ACID, SODIUM CASEINATE, SUGAR, GARLIC POWDER, SKIM MILK, RED AND GREEN BELL PEPPERS, MILK PROTEIN CONCENTRATE, DISODIUM INOSINATE, AND DISODIUM GUANYLATE.
CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
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CHOKE WARNING: Do not give to children younger than 4 years old.

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