QUAKER®
–ESTᴰ 1877–

smartlabel®
Scan here for more food information or call
1-800-856-5781

Nutrition Facts

About 14 servings per container

Serving size	**1 cake (9g)**
Amount per serving **Calories**	**35**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 45mg	**2%**
Total Carbohydrate 7g	**3%**
Dietary Fiber 0g	**1%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein less than 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.1mg	0%
Potassium 20mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole grain brown rice, degerminated milled corn, salt, natural flavor.

CONTAINS MILK INGREDIENTS.

DISTRIBUTED BY:
THE QUAKER OATS COMPANY
P.O. BOX 049003
CHICAGO, IL 60604-9003
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Visit us at QuakerOats.com

- **5g WHOLE GRAINS** PER CAKE
- **NO ARTIFICIAL FLAVORS OR ADDED COLORS**
- **GLUTEN FREE**
- **LOW CHOLESTEROL**
- **0g TOTAL FAT** PER CAKE

TRY TOPPED WITH FRESH SPREADS!

CHEDDAR CHEESE & SLICED TOMATOES

Serving Suggestion

DO NOT HEAT IN TOASTER OR MICROWAVE.

WE'RE HERE TO HELP.
Quakeroats.com or 800.856.5781
Please have package available when calling.

BEST BEFORE:

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QUAKER®
–ESTᴰ 1877–

BUTTER POPCORN

FLAVOR WITH OTHER NATURAL FLAVORS

– RICE CAKES –

NET WT 4.47 OZ (127 g)

35 CALORIES	0g SAT FAT 0% DV	45mg SODIUM 2% DV	0g ADDED SUGARS 0% DV

PER SERVING

GLUTEN FREE | **5 GRAMS WHOLE GRAINS** PER CAKE | **NO ARTIFICIAL FLAVORS**

– RICE CAKES –

FLAVOR WITH OTHER NATURAL FLAVORS

BUTTER POPCORN

QUAKER®
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35 CALORIES per rice cake

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