

## ROOTED IN NATURE

BLUEBERRY FLAVORED  
YERBA MATE TEA

**YACHAK ORGANIC** has been inspired by the power found deep within the Amazon Rainforest to create a new kind of experience.

Made with organic ingredients including Yerba Mate (yur buh mah tay), a species of the holly plant that grows in the central and southern regions of South America,

Yerba Mate is a natural source of caffeine and has been consumed as a brewed beverage for centuries.

Each can of Yachak contains 165mg of organic caffeine.

**Yachak** is the name the indigenous Kichwa people of the Sarayaku in the Ecuadorian Amazon give to their Shamans. We believe in treasuring the Amazon and the people and animals who live there and are on a mission to preserve the rainforest.



WE'RE COMMITTED TO PLANTING MORE THAN 500,000 TREES IN THE AMAZON WITH THE HELP OF OUR FRIENDS AT ONE TREE PLANTED.

**BERRY BLUE**  
BLUEBERRY FLAVORED  
WITH OTHER NATURAL FLAVORS



**YACHAK**  
· ORGANIC ·  
**PLANT-BASED  
ENERGY TEA**

**YERBA MATE  
ENERGY DRINK**



16 FL OZ (1 PT) 473 mL

**150  
CALORIES  
PER CAN**

CONTAINS 1% JUICE

### Nutrition Facts

Serving size 1 can

Amount per serving

**Calories 150**

% DV\*

Total Fat 0g 0%

Sodium 0mg 0%

Total Carbohydrate 36g 13%

Total Sugars 34g

Includes 34g Added Sugars 68%

Protein 0g

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

\* % DV = % Daily Value

BREWED YERBA MATE (WATER, ORGANIC YERBA MATE LEAF EXTRACTIVE), ORGANIC CANE SUGAR\*, CITRIC ACID, ORGANIC BLUEBERRY JUICE CONCENTRATE, ORGANIC MALTODEXTRIN, ORGANIC NATURAL FLAVOR, ORGANIC CAFFEINE, ORGANIC APPLE JUICE CONCENTRATE.  
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CERTIFIED ORGANIC BY QUALITY ASSURANCE INTERNATIONAL (A DIVISION OF NSF INTERNATIONAL)

CAFFEINE CONTENT: 165mg/16 fl oz.

**YACHAKYERBAMATE**



NOT RECOMMENDED  
FOR CHILDREN,  
PREGNANT OR  
NURSING WOMEN, OR  
PEOPLE SENSITIVE  
TO CAFFEINE



Scan here for more food information



We're here to help. 866.612.2076

YACHAK.COM

\*FAIR TRADE CERTIFIED™ BY FAIR TRADE USA® EXCLUDING WATER, OVER 25% FAIR TRADE CERTIFIED™ INGREDIENTS