



CREAM 27









PROTEIN GRANDLA BARS

GUAKER



COOKIES & CREAM





Calories 160

% Daily Value

Total Fat 4.5g Saturated Fat 2.5g 13% Trans Fat 0g Polyunsaturated Fat 0g Monounsaturated Fat 1g Cholesterol 10mg

4% Sodium 95mg Fotal Carbohydrate 23g 8% 11% Dietary Fiber 3g Total Sugars 9g

Includes 7g Added Sugars 14% Sugar Alcohol 1g

20% Protein 10g Vitamin D 0mcg 0% Calcium 160mg 10% Iron 0.4mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 100mg



Chewy and delicious - Quaker Protein Granola Bars are tasty, convenient, and great for any time of day. Enjoy the flavors you love crafted with a good source of protein in every bar.

INGREDIENTS: GRANOLA (WHOLE GRAIN OATS, SUGAR, BROWN RICE CRISPS (WHOLE GRAIN BROWN RICE FLOUR, SUGAR, SALT], WHOLE GRAIN WHEAT, SOYBEAN OIL, WHOLE WHEAT FLOUR, MOLASSES, BAKING SODA, SOY LECTHIN, SKIM MILK), FLOUR, MULASSES, BARINES SUDA, SOY LECTIFIN, SXIM MILK), WHEY PROTEIN CRISPS (WHEY PROTEIN CONCENTRATE, CORN STARCH, CALCIUM CARBONATE), VANILLA FLAVORED COATING (SUGAR, PALM KERNEL OIL, WHEY PROTEIN ISOLATE, PALM OIL, SOY LECTIFIIN, SORBITAN TRISTEARATE, NATURAL FLAVOR, SALT, TBHO (TO PRESERVE FRESHNESS), CITRIC ACID), MILK PROTEIN CONCENTRATE, CHICKORY, MOOT EXTRACT, GLYCERIN, CORN EXQUID CHACCAL ATE LANGED CORDINING REFERS AURUAL PROTEIN CONCENTRATE, CHICORY BOOT EXTRACT, GLYCERIN, CORN SYRUP, CHOCOLATE FLAVORED COOKE PIECES (WHOLE WHEAT FLOUR, SUGAR, PALM OIL, COCOA (PROCESSED WITH ALKALI), SALT, DEXTROSE, BAKING SODA, SOY LECTHIN), WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, MILK, SKIM MILK, BUTTER OIL, SOY LECTHIN, VANILLA EXTRACT), INVERT SUGAR, SORBITOL, AND LESS THAN 2% OF SKIM MILK, SUNFLOWER OIL, SUGAR, NATURAL FLAVOR, SALT, TOCOPHEROLS (TO PRESERVE FRESHNESS), AND SOY LECTHIN.

2%

CONTAINS MILK, SOY, AND WHEAT INGREDIENTS.
MAY CONTAIN PEANUT AND TREE NUTS. MADE IN CANADA

DISTRIBUTED BY
THE QUAKER OATS COMPANY
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for more food information or call 1-800-856-5781

MADE WITH WHEY PROTEIN CRISPS

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COOKIES & CREAM FLAVOR WITH OTHER NATURAL FLAVORS

> MADE WITH WHEY PROTEIN CRISPS

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