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Puffs

GUARANTEED FRESH
• UNTIL PRINTED DATE •



CHEESE FLAVORED SNACKS

NET WT. 8 OZ. (226.8 g)

QUESTIONS OR COMMENTS?
Weekdays 9:00am to 4:30pm CT
1-800-352-4477/email or chat at fritolay.com

Nutrition Facts

8 servings per container
Serving size About 13 pieces (28g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 16g	6%
Dietary Fiber less than 1g	2%
Total Sugars 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.8mg	4%
Potassium 60mg	0%

Not a significant source of added sugars.
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA AND/OR SUNFLOWER OIL), WHEY CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CORN MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, WHEY PROTEIN CONCENTRATE, MONOSODIUM GLUTAMATE, LACTIC ACID, CITRIC ACID, AND ARTIFICIAL COLOR (YELLOW 6). CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
PLANO, TX 75024-4099
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