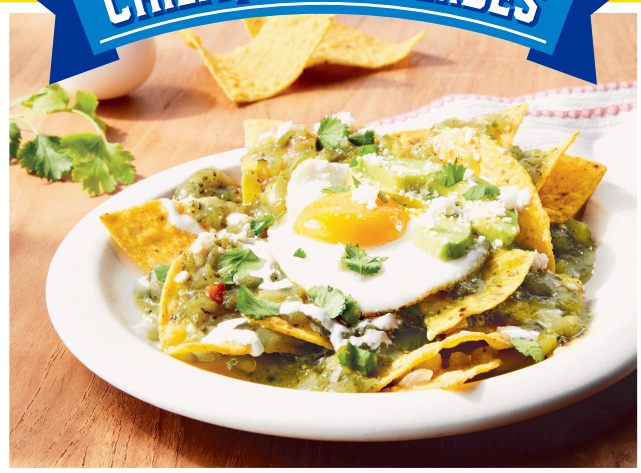


**Tostitos**

FRIED EGG  
CHILAQUILES VERDES



WHAT YOU'LL NEED

- 1/2 bag Tostitos Cantina® Traditional Tortilla Chips
- 1 jar salsa verde dip
- 1 tsp queso fresco
- 1 tsp cotija
- 1 tbsp Mexican crema
- 1/2 avocado, sliced
- 1 egg
- 1 tsp cilantro, chopped

DIRECTIONS

1. Fry an egg in a lightly oiled pan. Set aside.
2. Pour your jar of delicious Tostitos Salsa Verde into nonstick pan and heat on medium. (It's worth it #promise)
3. When hot, add the chips and carefully fold into the salsa.
4. Once the chips are coated, transfer to a plate and top with queso fresco, cotija, avocado, crema, fried egg, and cilantro. Easy peasy!

• GO TO TOSTITOS.COM FOR MORE RECIPES •



TORTILLA CHIPS

**Tostitos**

Cantina®  
TRADITIONAL YELLOW CORN



STIRRING  
SUGGESTION

guaranteed fresh  
until printed date

GLUTEN  
FREE  
• • • • •  
NO  
PRESERVATIVES  
• • • • •  
NO ARTIFICIAL  
FLAVORS

NET WT. 13 OZ. (368.5 g)

NO MSG



Nutrition Facts

13 servings per container  
Serving size About 7 chips (28g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 0g	
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.3mg	0%
Potassium 40mg	0%

Not a significant source of added sugars.  
\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN, VEGETABLE OIL (CORN, CANOLA, SOYBEAN, AND/OR SUNFLOWER OIL), AND SALT.

FRITO-LAY, INC.  
PLANO, TX 75024-4099  
© 2024 FRITO-LAY  
NORTH AMERICA, INC.



Find us on  
Tostitos.com

Questions or Comments?  
1-800-352-4477  
**GUARANTEED FRESH**  
Until printed  
date or this snack is on us  
Mon-Fri 9:00am to 4:30pm CT email at fritolay.com

Visit our website @ fritolay.com

